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LIVINGSTON LEADERS CONTINUE COMMUNITY SUPPORT



(above l-r) Top: Enzo Madrini, Giuliana Muscavage, Bailey Land, Kathryn Holck, Domenick Nuzzo, Amelia Koczan, Charlotte Garland, Livingston School PTA President, Paula Andrade.
Bottom: Layla Fearon, Colby Palacio, Emma Amorim, Gianna Manderichio.

Last year Livingston Elementary School launched Livingston Leaders, a program designed to give students the opportunity to engage in integrating meaningful school-based community service with instruction and reflection to enrich their learning experiences. To assist with the growing efforts of the program, the Union Township Education Foundation awarded the program a macro grant in the amount of \$3,000. This amount was a portion of their goal to purchase Amazon Fire Tablets for each classroom at the school.

The grant was awarded in support of a student driven approach to volunteer work. However, even with the funds from the grant they were awarded, they were still short to fulfill their goal. Generously enough, the Livingston School PTA, led by Paula Andrade, without question, after hearing of the program and grant, eagerly sponsored the additional funds to fulfill the goal of providing each classroom with two tablets.

The teachers can now download useful apps for learning purposes, intervention strategies, differentiated learning as well as now having a technology rich classroom. This added resource will allow the Livingston Leaders, who volunteer during recess time as a 3rd and 4th Graders, to go into the Kindergarten through 2nd Grade classrooms and peer assist with students to help provide intervention and enrichment opportunities for students. They just kicked off their program, and already have about 75 students signed up. The students' responses to their presentation and applications were so rewarding. Kelly Kitzman, a third grade teacher at the school shared, "We are so excited and so proud of our 3rd and 4th graders for their willingness to volunteer and give back to our school through The Livingston Leaders Program. On a school wide level, our program is a success because of the amazing teachers willing to participate in our program and allow Livingston Leaders to assist them and their students to create such a 'go give, pay it forward' kind of spirit for our students."

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UNION TOWNSHIP HISTORICAL SOCIETY EVENTS

On Sunday, November 19, at 2 p.m. at Connecticut Farms Presbyterian Church, 888 Stuyvesant Avenue, the Union Township Historical Society will host "Gravestone Art and Symbolism." Lorna and Phil Wooldridge of Wise Owl Workshops will weave stories, images, and music into their talk. The couple will discuss the interpretation of early icons from family burial plots and cemeteries and will include examples of memorialization, plus changing techniques used by carvers and today's laser etchers.

The presentation will conclude with images of Connecticut Farms Presbyterian Church Cemetery and a tour of the cemetery itself. Attendees should wear comfortable shoes and be aware that the ground between the headstones is not level. A brochure to accompany the presentation may be downloaded from <http://wiseowlworkshops.com/resources.html>. Refreshments will be served. Admission is free.

For more information, please call 908-687-0048.

On Monday, November 27, at 7 p.m. at the Union Public Library, 1980 Morris Avenue, Tom Beisler and Tom Haggerty, trustees of the Union Township Historical Society will present "The Village of Connecticut Farms." In the late summer and fall of 1667, a group of families from the coast of Long Island Sound came to newly established Elizabethtown, New Jersey, and settled in an area west of town, which they named after their former home--hence the name "Connecticut Farms." Destroyed by the British during the Battle of Connecticut Farms on June 7, 1780, the village was rebuilt. The settlement later became the core of the Township of Union in 1808. Come learn about the history of the Village of Connecticut Farms, the precursor of our present township. Refreshments will be served. Admission is free. For more information, please call 908-687-0048.



(above) Children enjoy snowy hillside near Connecticut Farms Presbyterian Church, the oldest in Union. Photo undated.

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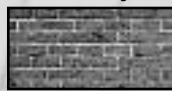
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ANNUAL “UNION’S GOT TALENT” COMPETITION

The fifth annual Township of Union Talent Show “Union’s Got Talent” was held on Saturday, October 7, 2017 to an enthusiastic audience. Presented by Investors Bank, the event raised money for two non-profit organizations: Union High School Performing Arts Company and Douglas Michael Krueger Scholarship Fund Inc. All money raised helps to directly benefit the students of Union Township through grants, scholarships and arts education.

Cash prizes were awarded for the top two winners in the amounts of \$1,000 for first place, \$500 for second place, \$250 for the People’s Choice Winner and \$100 for the Youth Award

Winner.

Hosted by Doc Burkhardt with special “mini host” Kawameeh Middle School 6th Grader William Benevise, the show featured a special appearance by last year’s winner Jonathan Hyer. The evening was filled with great entertainment and laughs provided by Burkhardt and Benevise. Judges included Director of Education at the Paper Mill Playhouse Lisa Cooney, Investors Branch Manager Regina Nicholls, Owner of local bookstore “Here’s the Story” and Actor Joe Leo, 2014 Union’s Got Talent Winner, Performer Alyssa Muniz, and

UHSPAC Alumni Romainson Romain, who appeared on this past season of “So You Think You Can Dance.”

UHSPAC Choreographer Jennifer Williams shared “It’s always an amazing experience when you can bring the community together. For us, we want to continue to raise money to support our students and support our town, and to me there is no better way of doing than with a stage and great entertainment. This was our most successful show to date, and we are so glad there were so many people on hand to witness the amazing talent our town has to offer.”

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2nd Place:
Dominic Caban
12th Grader, Union HS

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Emmy Award winning actress Tracey Bregman, known for her roles on *The Young and the Restless* and *The Bold and the Beautiful*, sat down for an intimate conversation with the students of Union High School's Advanced Musical Theater Class last week. Bregman began her career at age 11 and has been nominated for 5 Daytime Emmy awards with one win for her work on *The Young and the Restless*. She gave insight to her career and provided sound advice to the class on being successful in the entertainment industry. Students listened intently to her stories and asked questions about her soap life. She shared "I had such an incredible time coming to Union High School and talking to the amazing Theatre Arts students. They asked thought provoking questions and were so welcoming. And how

lucky are all the students to have the incredible Mr. Mosser as their teacher!" Advanced Musical Theater teacher James Mosser added "Ms. Bregman is an incredible professional, she spoke to the students about acting techniques, her schedule on *Young and the Restless*, and the importance of being on time and prepared as an actor. It was really wonderful to have a successful Emmy Award winning actress willing to answer questions about their career aspirations and process." "Meeting Tracey was very intriguing and different," stated UHS Junior Abby Hagen. "It was interesting to hear about how a soap opera is filmed, and how challenging a normal day of filming is in comparison to putting on a live musical. She had a lot of energy and it was easy to see how she is so successful."

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BATTLING CANCER WITH A COLOR RUN

Submitted by Jessica Mongiovi.



(above) Principal Mark Hoyt spraying 4th grade students.



(above) 4th grade students Adel Piamim and Adaugo Ikwu (front) and Morayo Ilori and Kimberly Pritchett (back)

Battle Hill in Union has done it again! Students at the elementary school participated in a “Color Run for Campbell” fundraiser on Thursday, September 24. All proceeds were donated to the Team Campbell Foundation whose mission is “to improve the lives of families facing a childhood cancer diagnosis through raising awareness, funding research and providing psycho-social enrichment opportunities.”

What’s a color run? Students ran or walked three laps around the field as members of the BH community doused them in colorful powder. The Battle Hill PTA provided each student with a white “Color Run for Campbell” t-shirt to wear in order to commemorate the event. Robin Hoyt, cofounder of the Team Campbell foundation and mother of its namesake, was in attendance.

“Campbell Grace would have absolutely loved this event,” said Hoyt. “She loved running and being outside in the sun and she loved being at

school.” It was apparent from the smiling faces that so did the students at Battle Hill.

The event was organized by a number of Battle Hill staff and parents. “In 2015 we raised \$1,200 and we were really hoping to shatter that number,” said Alison Brehm, student council advisor and one of the event organizers. With a suggested donation of \$5 per student, Battle Hill did just that.

The local elementary school was able to raise \$2,891 to be donated to the Team Campbell Foundation.

“We’re always looking for new ways to get the students involved and excited about giving back,” said Jessica Mongiovi, student council advisor and another event organizer. Prior to the commencement of the event, students from various grade levels spoke to their peers about childhood cancer and the mission of the Team Campbell Foundation.



(above l-r) Color Run Student Speakers Sachi Dickerson, Ellie Dickerson, Nicolas Colon, Ava Soares, Josh Pornam, David Cerdas, and Emmanuel Arubuola.



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were encouraged to write about their 3rd grade goals and what they expect to learn and experience in 3rd grade.

Another goal was to expose the children to the community and how community workers help make our lives easier. On Friday, October 6th, the

students, along with teachers Mrs. Denner and Mrs. D'Agostino, took a walk to a nearby mailbox to mail their letters and were delighted to find a mail carrier there.

Each student was able to hand their addressed envelope to the mail carrier.





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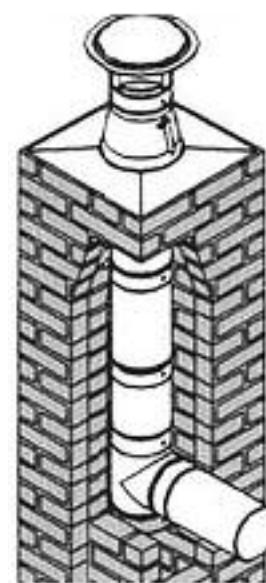
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The Vauxhall Branch Library: 123 Hilton Avenue, Vauxhall, NJ 07088 • (908) 851-5451.

WEEKLY PROGRAMS

Lego Club

Mondays @ 3:30 PM

Main Library

Learn, play, and build with us! Come join us for some creative building time and meet other Lego builders! All ages, no registration required.

Toddler & Pre-K Programs

Tuesdays @ 11AM

Vauxhall Branch Library

Interactive story times, crafts, and other activities for infants and toddlers and their parents or guardians. Registration required.

Babies in the Library

Wednesdays @ 10:30AM

Main Library

Spend this special time with baby singing songs & rhymes, listening to stories, followed by free play & socialization. Newborns – 18 months, no registration required.

Let's Play Chess

Wednesdays @ 3:15PM

Vauxhall Branch Library

For students in grades 1st – 12th, of all levels. Facilitated by Chess for Everyone. Registration required.

Pre-K Story Time

Thursdays @ 4PM

Main Library

Jump into reading with UPL! We explore phonics, letter recognition, and numbers all while reading fun stories and making new friends! Ages 4 – 6, no registration required.

Toddler Time

Fridays @ 10:30AM

Main Library

Enjoy stories, singing, and movement, following a different theme each week. Ages 18 months – 3 years, no registration required.

CHILDREN'S PROGRAMS

NaNoWriMo Workshops (MN)

Friday 11/3 & 11/10 @ 3:30PM

Main Library

November is National Novel Writing Month, so join us for some fun creative writing workshops! It's time to tell your story!

11/3: Create Your Own Comic (Grades 2-5)

11/10: Thumbprint Self-Portrait (Grades 6-8)

Registration required, opens two weeks in advance.

Family M.E.S.S.

Saturday 11/4 @ 11AM

Main Library

Join us for a session of Family Math, Engineering, and Science Saturday! This STEM-based early literacy program allows families to learn together through play.

Ages 2+, registration required, opens 10/21.

No-School Family Movie

Thursday 11/9 @ 12PM

Vauxhall Branch Library

Join us for a showing of Cars 3! (Rated G)

All ages, no registration required.

Thursday Crafternoon

Thursday 11/9 @ 1PM/2:30PM

Main Library

Enjoy a fun arts & craft project during this day off from school! All materials will be provided.

1:00PM: Mixed Media Paper Unicorns – for grades 1-3

2:30PM: Friendship Bracelets – for grades 4 - 6

Registration required, opens 10/26.

Munchies and a Movie

Friday 11/10 @ 12PM

Main Library

Join us for a showing of The Book of Life! Snacks will be provided. (Rated PG)

All ages, no registration required.

Bedtime Storytime & Stuffed Animal Sleepover!

Thursday 11/16 @ 7PM

Main Library

Put on your PJs and bring along your favorite stuffed animal friend for a special evening storytime!

See Miss Brie for more details. All ages, registration required, opens 11/2.

Drop-in Family Craft

Saturday 11/18 @ 11AM

Main Library

Celebrate Thanksgiving by making a paper roll turkey! All ages, no registration required.

ShopRite Kid Cuisine

Monday 11/20 @ 4PM

Main Library

Come learn about nutrition AND make some delicious and easy snacks with our visiting Registered Dietitian from ShopRite!

Ages 6 - 12, registration required, opens 11/6.

School-Age Drop-In Craft?

Saturday 11/25 @ 11AM

Vauxhall Branch Library

Stop by and create a beautiful bookmark!

For school-aged children, no registration required.

TEEN PROGRAMS

Teen Game Night

Wednesday 11/1 @ 6PM

Vauxhall Branch Library

Enjoy modern board games in a fun and relaxed setting! Ages 13 – 17, registration required.

Teen Financial Aid

Tuesday 11/7 @ 6PM

Main Library

Facilitated by NJHESAA. Get vital information about the college financial aid process for your future college student. Registration required.

Club Teen Multicultural Smorgasbord

Wednesday 11/15 @ 6PM

Vauxhall Branch Library

Celebrate your culture and sample different cuisines of the world! High school students, registration required.

Teen Advisory Board Meeting

Friday 11/17 @ 3:30PM

Main Library

Let us know what programs and events you want to see at the library. And earn community service hours by coming to meetings and participating in programs! Ages 14+, registration required.



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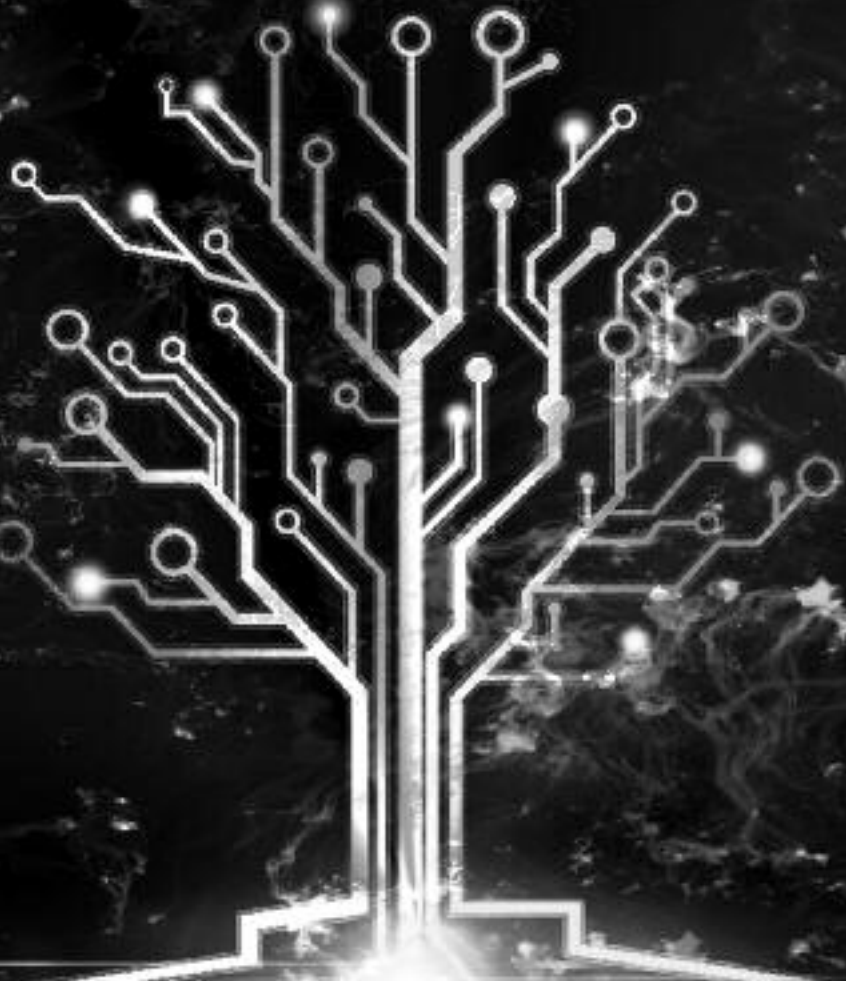
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AMANI FEATURING STEPHEN FULLER TO PLAY AT NORTHERN NEW JERSEY'S MOST INTIMATE COFFEEHOUSE

The SALEM ROADHOUSE CAFÉ proudly presents AMANI, featuring the vocals of Stephen Fuller performing on Saturday, November 11, 2017.

"Amani" is the word for peace in Swahili. The band, "Amani," was formed to share the concept of peace through music, for people of all ages, races, and religious affiliations. "Amani" brings its message of peace to the Salem Roadhouse Café on Saturday, November 11, performing music from a variety of genres including The Great American Songbook, gospel, rhythm and blues, jazz, Bossa nova, and Broadway. Led by Marty Eigen on saxophone and flute, the members of the group are veteran musicians Fred Fischer on keyboards; vocalist Stephen Fuller; and guitarist Flip Peters.

A duo exhibit, based upon artistic explorations in dance called "Dance and Other Strangers" by local artists Kathleen Hron and Mansa Mussa will be on display at the Roadhouse Gallery of Fine Arts.

All ages are welcome. It's a wholesome show, so bring the entire family! Doors open 7:30 PM. The show starts at 8:00 P.M. Admission is \$20.00/\$10.00 for students with ID.

Plan now for an evening of great music in Northern New Jersey's Most Intimate Coffeehouse™.

MAJESTIC WINDS TO PERFORM AT EHRHART GARDENS

Majestic Winds, the professional wind band of the New Jersey Workshop for the Arts, will present a fall concert at the Ehrhart Gardens, 100 Frances Court, Union, NJ on November 16, 2017 at 7:30 p.m.

The ensemble will be directed by Howard Toplansky, an NJWA staff instrumental instructor. "Our musical offerings are geared to please a variety of musical tastes and range from Renaissance to Ragtime favorites," stated Toplansky.

"Amazon" Overture by Edward Kiesler, Selections from "Oklahoma" by Richard Rodgers and "Impassioned Dream Waltz" by Juventino Rosas will be the main selections on the first half of the concert. Ballet Music by Giuseppe Verdi, "Embraceable You" by George Gershwin and "Colonial Rag" by E. R. Hall will also be featured on this program. Several fine marches will also be performed which include "Chimes of Liberty" by Edwin Franco Goldman, and "Crosley March" by Henry Fillmore.

Additional numbers included in this concert are: "Georgia on My Mind" and "Conversation for Trumpet" by Claire Grundman.

This event is open to the public. Admission is free and contributions will be gratefully accepted. For additional information about NJWA or Majestic Winds, call 908-789-9696 or email njwaband@att.net.

ABOUT SALEM ROADHOUSE CAFÉ

Dedication best defines the Salem Roadhouse Café: dedication to excellent music and dedication to the community. As its tenth year begins, Salem Roadhouse Café reaffirms its commitment to both.

Started in 2008 by members of Townley Presbyterian Church with a grant from the Presbytery of Elizabeth, the Roadhouse Café continues to operate as a non-profit that raises funds for several carefully chosen local charities. That may be its social mission... but the Roadhouse Café is and has been a performance venue beloved by the musicians who play there because of its special intimacy with the audience.

The Roadhouse Café has always offered its stage to local and independent main stream musicians. It's a clean, safe place for people who enjoy listening to live music, in a world of clubs and bars. Jazz, rock, folk and other groups have performed. During the past ten years well over 100 different entertainers have appeared. Local fine artists also display their works.


The Salem Roadhouse Café has raised funds for many carefully chosen charities. They

include: The Presbytery of Elizabeth E-port Center, Center For Hope Hospice, Community Food Bank, Monarch Housing, Angel Paws Animal Rescue, National MS Society, Haiti Disaster Relief, Hurricane Sandy Disaster Relief, The Union County YWCA Domestic Violence Program, Making It Possible To End Homelessness, Camp Johnsonburg, The Music Institute, and others. Thousands of dollars have been raised for these deserving charities.

The musicians who play the Roadhouse often ask to return as soon as possible. The Roadhouse has given them a place with good acoustics, a live, attentive audience, and a sound system that is first class.

Now in its tenth year of operation, the Salem Roadhouse Café plans to feature many of the performers who have graced the stage in the past, as well as bring talent that is new to the Café stage. The current season has been benefitting the Union County YWCA Domestic Violence Program.





Admission includes the show, snacks, beverages and a special anniversary dessert, plus the art gallery.



This month: Jazz

AMANI featuring
STEPHEN FULLER

SATURDAY, NOVEMBER 11, 8:00 PM
DOORS OPEN AT 7:30 PM ADMISSION: \$20.00 STUDENTS \$15.00
Admission includes snacks, beverages, tea, coffee & desserts



"Amani" is the word for peace in Swahili. The band, "Amani," was formed to share the concept of peace through music, for people of all ages, races, and religious affiliations. "Amani" brings its message of peace to the Salem Roadhouse Café on Saturday, November 11, performing music from a variety of genres.
MARTY EIGAN—saxophone/flute, FRED FISCHER—keyboards, STEPHEN FULLER—vocals, FLIP PETERS—guitar

A duo exhibit, based upon artistic explorations in dance called "Dance and Other Strangers" by
KATHLEEN HERON and MANSA MUSSA will be on display at the
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Show proceeds benefit Monarch Housing
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HALLOWEEN SCENE AT UNION CENTER

Memories of trick-or-treating in the streets of Union are clearly depicted in this year's entry for the annual Halloween Window Painting Contest as created by 12th grader, Desi Garcia, who is

now a Senior at St. Mary of the Assumption High School in Elizabeth.

The contest was organized by the Union Recreation Department.



(above) Desi Garcia, 12th grader from Union, in front of painting at Inspirations clothing store on Stuyvesant Avenue.

BROADWAY VERSION OF A CHRISTMAS CAROL COMING TO CDC THEATRE IN CRANFORD

Ebenezer Scrooge and his ghostly encounters will come to life at CDC Theatre beginning December 8. Written and scored by Broadway heavy hitters, Alan Menken (Disney's *Beauty and the Beast*, Disney's *The Little Mermaid*, *Little Shop of Horrors*) and Lynn Ahrens (*Ragtime*, *Seussical*, *Once on This Island*), *A Christmas Carol* is a spectacular adaptation of Charles Dickens' most well-known story; proving its staying power with a decade-long run at the Theatre at Madison Square Garden.

This family friendly show will be directed by Matty Price. "I chose a Christmas Carol because it has a wonderful message about change," said Price. "That change for the better is possible and it is never too late to change. I think it applies to all people in all walks of life and at any stage. Our cast represents this with the variety of ages we have onstage working together to create this show. I think telling this familiar tale in the musical theatre style makes it new and exciting and the story will feel right at home on the CDC stage!"

Ebenezer Scrooge is a prosperous curmudgeon who believes that personal wealth is far more valuable than the happiness and comfort of others. With an infuriated "Bah! Humbug!", Scrooge sums up his feelings about Christmas tidings and charitable giving, but he's forced to face his selfish ways when on Christmas Eve three ghosts lead him through his Past, Present and Future. Thanks to their guidance, Scrooge recognizes his faults and greets Christmas morning as a changed man and with a cheerful "Happy Christmas!"

The production boasts a talented cast of over 30 local performers and will run for 8 performances from December 8 through December 16. Details and ticket information can be found at cdctheatre.org.



(above l-r) Charity Elves Amanda Dunsdon, Kylie Francis, Kimmi Zimmermann, Annamarie Carlo and Michele Greenspan prepare to dance into CDC Theatre in December.

Cork & Color

Wine Glass Painting Fundraiser

Sunday, November 12, 2017

2: 00PM

Columbian Club Hall

1034 Jeanette Ave

Union, NJ 07083

**Money raised will be donated to:
New Jersey Sharing Network
Saving Lives through
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\$25.00 includes:

**2 Glasses to paint, painting materials,
Snacks & Wine, Wine, Wine & more Wine!!!**

Tickets & Info Contact:

Chris Burlew 908-403-1590 or chrissi714@aol.com



JUNIOR LEAGUE ANNOUNCES 2017-2018 BOARD OF DIRECTORS

The Junior League of Elizabeth-Plainfield (JLEP) is excited to share their 2017-2018 Board of Directors. This year's board includes a complementary mix of returning and new board members who are excited to come together to plan another year of fulfilling events for JLEP, including kicking off 95 years as a Junior League chapter in the Spring. JLEP's Board of Directors: President Nydia M Diefenbach, President Elect Suzanne Gallagher, Treasurer Naomi Benson, Nominating Placement Ashleigh Nudo, and Sustainer Reps Josephine Stack and Teri DiFrancesco.

For almost 95 years, JLEP has been helping women and children in need in the greater Union County area. From the League's signature projects Career Closet and Teen Closet to the League's annual Angel Tree partnership with Healthy Families Elizabeth, JLEP is proud of the volunteer work it accomplishes and the positive impact it provides to the local community. JLEP is a small but mighty league that loves the work they do!

ABOUT the Junior League of Elizabeth-Plainfield:

The Junior League of Elizabeth-Plainfield is a chapter of the Association of Junior Leagues International, Inc. and is an organization of women committed to promoting voluntarism, developing the potential of women, and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. In spring 2018, JLEP will celebrate 95 years as a Junior League chapter.

JLEP operates from September through May

during the League's calendar year. To learn more about JLEP, please go to www.jlepnj.org or email information@jlepnj.org.

You may also contact Nydia M Diefenbach, President 2017-2018, Junior League of Elizabeth-Plainfield at (908) 709-1177.



(above l-r) Teri DiFrancesco, Ashleigh Nudo, Naomi Benson, Suzanne Gallagher, Nydia Diefenbach, Josephine Stack


UNION CHAMBER'S NOVEMBER EVENT "NOTHING BUT NETWORKING"

The Union Township Chamber of Commerce will host its November Networking Event on Wednesday, November 29, 2017, at BCB Bank, located on the corner of Morris and Stuyvesant avenues.

"The event will feature 'Nothing But Networking,' which is a chance for Chamber members and guests to spend time learning more about one another, said Chamber Executive James Masterson. "We are grateful to BCB Bank for hosting this special event."

Admission to the reception, scheduled from 5 p.m. to 7 p.m., is \$10 for Chamber members and \$15 for non-members. Registration is required. To register, please contact the Chamber at: executivedirector@unionchamber.com, or (908) 688-2777. Parking is available at various lots around Union Center.

The Union Township Chamber of Commerce is a professional association dedicated to strengthening, uniting, promoting and representing members businesses located in Union and the surrounding area.




"Nothing But Networking"

Wednesday,
November 29, 2017

Where:
BCB Bank at the corner
of Morris and
Stuyvesant Aves.,
Union, NJ 07083. Park in
Municipal Lots.

When:
From 5 p.m. to 7 p.m.

*** Pre-Registration Required ***



November Networking Event

The Chamber welcomes every member business and guests to attend and just spend time chatting and networking! There is no formal program. The topic is YOU!

- Be sure to bring your business cards!
- Create meaningful connections and deepen relationships with colleagues that will enhance your business!

Our Chamber has grown tremendously over the past several years. Grow with us! Meet new contacts and rekindle old relationships. And -- come see the Union Branch of BCB Bank and meet their team! Our motto at the Chamber is **"Contacts...Connections...Community" – Where Business is Personal!** Find out why!

Come enjoy food, drink and friends.

**Cost: \$10 for members
\$15 for guests**

To register NOW contact the Chamber at (908) 688-2777 or by email executivedirector@unionchamber.com.

AFTER SCHOOL, KIDS DISCOVER THEIR POTENTIAL AT THE Y

A new school year is filled with potential - a chance to start new routines and habits, build new friendships and discover new possibilities and interests. It's an exciting time for many kids, however at the end of the school day, 11.3 million kids head to homes where they are unsupervised from 3 to 6 p.m., according to Afterschool Alliance, a nonprofit public awareness organization. As children transition from summer to fall, The Gateway Family YMCA is offering programs to school-aged children throughout our

community to keep youth active, busy and engaged during out-of-school time. Through a well-rounded approach to youth development, the Y's programs offer activities in a caring and safe environment during the critical hours after school. Whether through sports, mentorship, or academic support, the Y nurtures the potential of youth throughout the school year.

"One in five children do not have someone to care for them after school, an essential time to help increase children's success in school," said

Krystal R. Canady, CEO, The Gateway Family YMCA. "Afterschool at the Y is an opportunity for families to ensure their kids are receiving additional support, continued learning and a chance to participate in meaningful activities that can inspire children's motivations and abilities to succeed."

The Y is a leading nonprofit committed to nurturing the potential of every child and teen, supporting their social, emotional, cognitive and physical development from birth to career. The Gateway Family YMCA offers Before and After School programs in many elementary and middle schools in Elizabeth, Rahway and Union. In The Gateway Family YMCA's afterschool program youth receive homework help and can also explore Arts, Literacy, STEM and healthy activities. Financial assistance is available to those in need, to ensure every child and teen has the opportunity to learn and grow at the Y.

The Gateway Family YMCA employs Healthy Eating and Physical Activity (HEPA) standards in afterschool programs that help build a healthier future for our nation's children by encouraging healthy eating habits, limiting screen time and providing physical activity to keep every child healthy.

For more information about The Gateway Family YMCA's afterschool program, please visit www.tgfymca.org or contact the Elizabeth Branch 908-355-9622, Five Points Branch 908-688-6922 or Rahway Branch 732-388-0057.



YMCA OFFERING FUNDRAISING TICKETS TO TONY DANZA: STANDARDS & STORIES

The Gateway Family YMCA has announced a Fundraiser in support of their 2017 Annual Campaign. The Gateway Family YMCA branches in Elizabeth, Rahway and Union are selling tickets to Tony Danza: Standards and Stories at the Union County Performing Arts Center on November 25th. A portion of all tickets purchased directly through The Gateway Family YMCA will support the Y's Annual Campaign.

Tony Danza: Standards & Stories will be held at the Union County Performing Arts Center, located at 1601 Irving Street, Rahway on November 25th at 8pm. Fundraising tickets are available at The Gateway Family YMCA thru November 17th. To purchase tickets in support of The Gateway Family YMCA, visit the Elizabeth Branch 135 Madison Avenue, Elizabeth, Five Points Branch 201 Tucker Avenue, Union, Wellness Center Branch 1000 Galloping Hill Rd, Union or Rahway Branch 1564 Irving Street, Rahway or contact the Association Office at 908.249.4800. Ticket sales in support of The Gateway Family YMCA include Orchestra seating for \$75.00 and VIP seating for \$125.00.

"Every day the YMCA works with donors and volunteers to take on the challenges that shape our community's future. This fundraiser will allow us to directly support those in the community in need and provide a fun night out at a great show," stated Krystal R. Canady, CEO. Annual Campaign donations help to ensure that

everyone in the community has access to vital community programs and resources that support youth development, healthy living and social responsibility.

The Union County Performing Arts Center stats of Tony Danza: Standards & Stories, "Combining timeless music with wit, charm, storytelling, and a dash of soft shoe and ukulele performances, Danza is accompanied by his talented four-piece band. Danza performs a selection of his favorite standards from the Great American Songbook, as well as selections from the hit Broadway musical Honeymoon in Vegas (which he also starred in), while interweaving stories about his life and personal connection to the music.

The Gateway Family YMCA, is a 501(c)(3) non-profit, health and community service organization of caring staff and volunteers dedicated to strengthening the foundations of community and stands For Youth Development, For Healthy Living and For Social Responsibility. The Gateway Family YMCA impacts the community by providing quality services to people of all ages, races, faith or incomes.

To learn more about supporting the Y's cause, please contact The Gateway Family YMCA - Association Office at 908.249.4800 or visit www.tgfymca.org.

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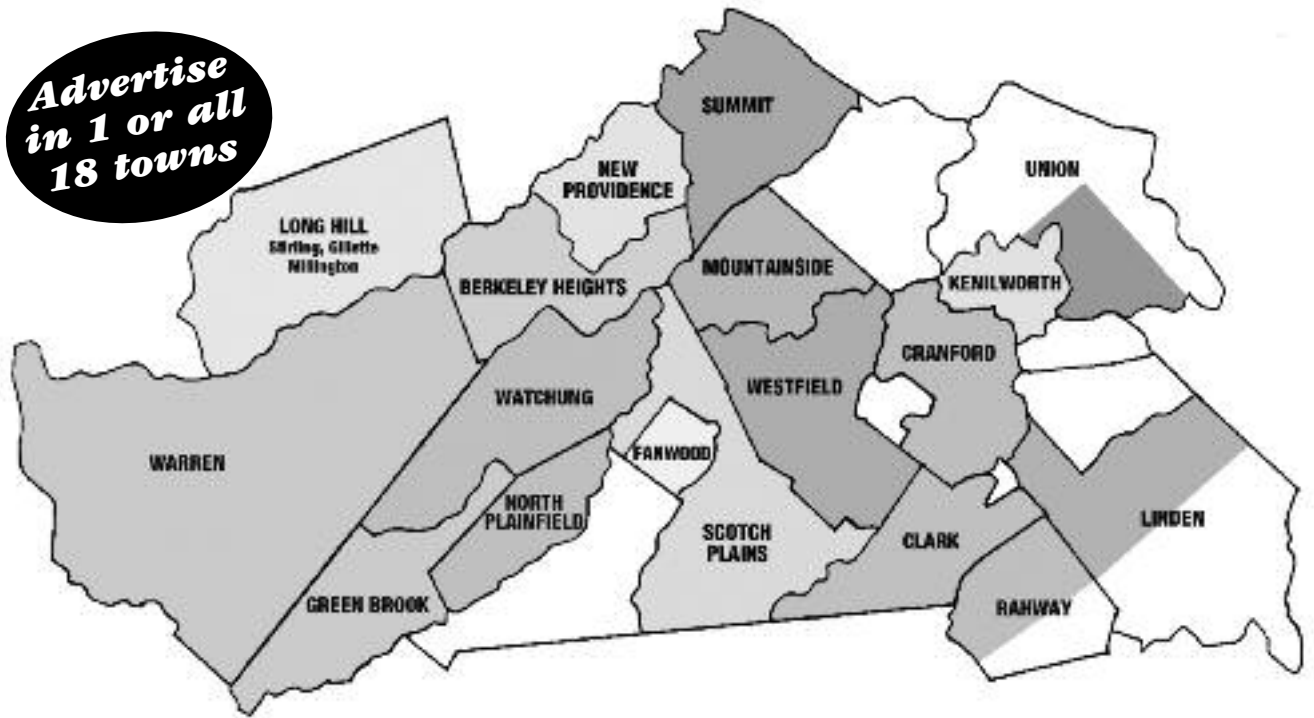
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Artwork included in ad price.

Newspapers are Black on White

Units Size

		RATE FOR ANY 1 NEWSPAPER	RATE FOR ANY 3 NEWSPAPERS	RATE FOR ANY 6 NEWSPAPERS	RATE FOR ANY 9 NEWSPAPERS	RATE FOR ANY 12 NEWSPAPERS	RATE FOR ANY 15 NEWSPAPERS	RATE FOR ALL 18 NEWSPAPERS
1 Unit - Business card	3.25" x 2"	\$60	\$150	\$250	\$340	\$400	\$450	\$500
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12 Units	10" x 8"	\$360	\$900	\$1200	\$1550	\$1800	\$2150	\$2500
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1750	\$2000	\$2400	\$2800

FRONT PAGE BANNER 8.25" x 2" **\$320**
FRONT PAGE BOX 1.5" x 4.5" **\$240**
BACK COVER 10" x 14" **\$600**

Back cover, front page banner and front box reserved on first come,
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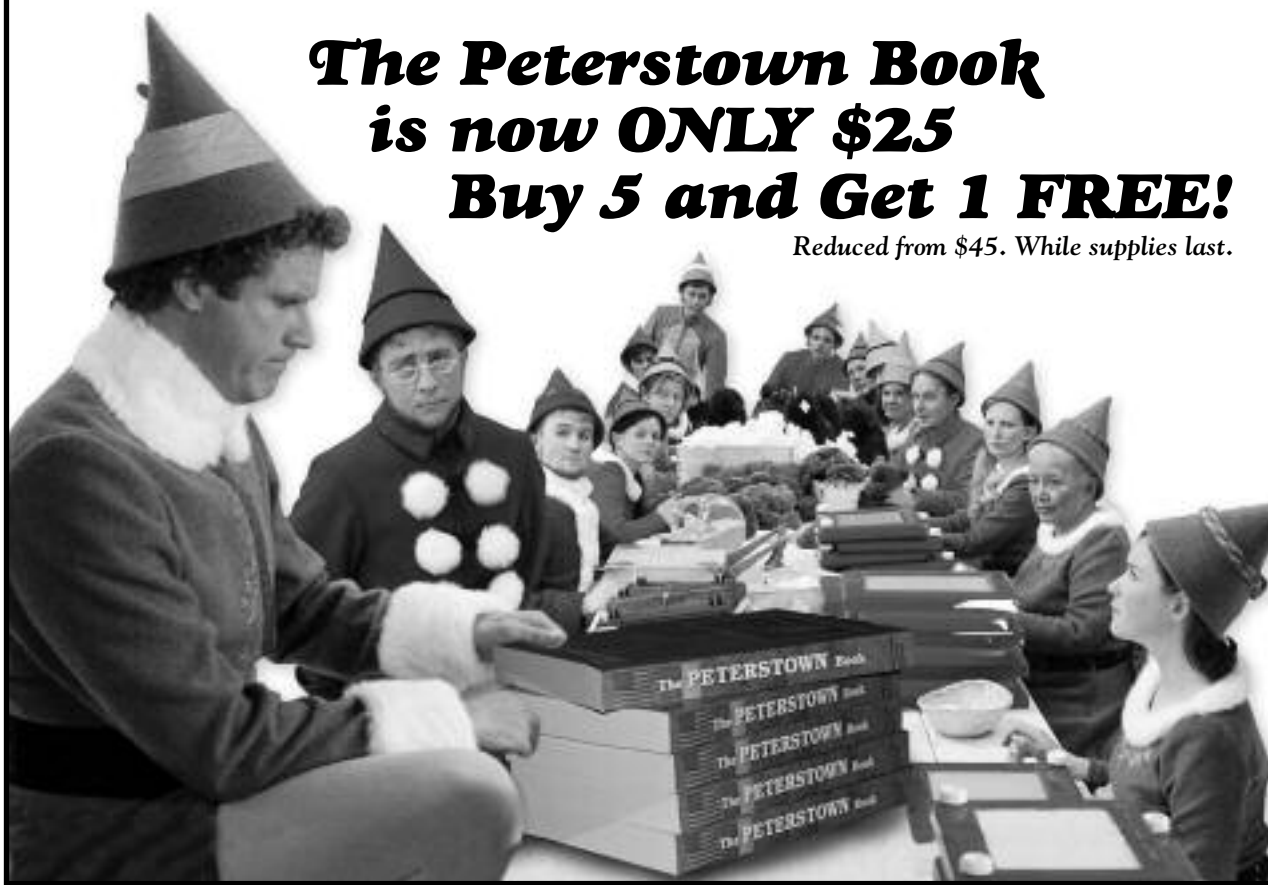
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Make Checks payable to Renna Media, 202 Walnut Avenue, Cranford, NJ 07016

CHRISTMAS GIFT GIVING MADE EASY!

**The Peterstown Book
is now ONLY \$25
Buy 5 and Get 1 FREE!**

Reduced from \$45. While supplies last.



YMCA COMBAT CHILDHOOD OBESITY

The Y wants families to understand how adopting healthy habits can help reduce childhood obesity. Many families need support changing their family's habits with the ultimate goal of being a healthy weight. That's why The Gateway Family YMCA wants families to improve eating habits and increase physical activity.

According to the Centers for Disease Control and Prevention (CDC), obesity affects one in six children in the U.S. and one in three are overweight, which poses greater risks for many health problems such as type 2 diabetes, high blood pressure, high cholesterol and some cancers. Here in New Jersey nearly 1 in 4 children are overweight or obese according to the Data Resource Center for Child & Adolescent Health.

The following tips are some great ways to incorporate healthier eating habits and more physical activity and into your daily family routine:

Eat & Drink Healthy: Make water the drink of choice and encourage everyone to fill half their plates with fruits and vegetables by offering two or three colorful options at every meal. As a family choose a new fruit and veggie every week to taste together. Place a full pitcher of water on the table during meals, and allow children to pour their own water.

Play Every Day & Go Outside: Children should have at least an hour a day of unstructured play (outside when possible) and break a sweat at least three times a week by getting 20 minutes or more of vigorous physical activity. Join your children in games that get hearts pumping and bodies moving.

Get Together: Eat as a family as frequently as possible. Involve kids in meal planning, preparation and clean up. In addition, adults should take a break from electronics and spend one-to-one time each day with their kids, enjoying one another's company.

Reduce Recreational Screen Time: Time spent in front of a television, computer, tablet, cell phone or video games should be limited to two hours or less per day. Make a family plan to reduce screen time at home. For example, turn off screens during meals, go for a walk, set a timer to remind you to power down the screen.

Sleep Well: Kids and adults need to keep a regular sleep schedule; unwind together in the evenings by reading a book or listening to soft music to ensure the body is preparing for sleep. Kids are growing and need 10-12 hours of healthy sleep per night and adults need seven to eight hours.

These YMCA afterschool and preschool programs and partnering schools are implementing environmental strategies and activities, and education to increase physical activity and promote good nutrition for students and their families. Since its inception in 2007, The Horizon Foundation for New Jersey has awarded three grants totaling \$4.62 million through 2019.

The PETERSTOWN Book

NOW ONLY \$25!

By Joe &
Tina Renna

Book

Cent'Anni The 100 year history of an Italian-American neighborhood

- **776 Oversized Pages**
- **Thousands of Photos**
- **Hundreds of Recipes**

The Peterstown Book is the 100 year history of an Italian-American neighborhood told through stories about the people and families who lived there. The book records the oral history in danger of being lost and illustrates the traditions and customs of the community through thousands of photos, hundreds of recipes, and antidotes shared by residents past and present.



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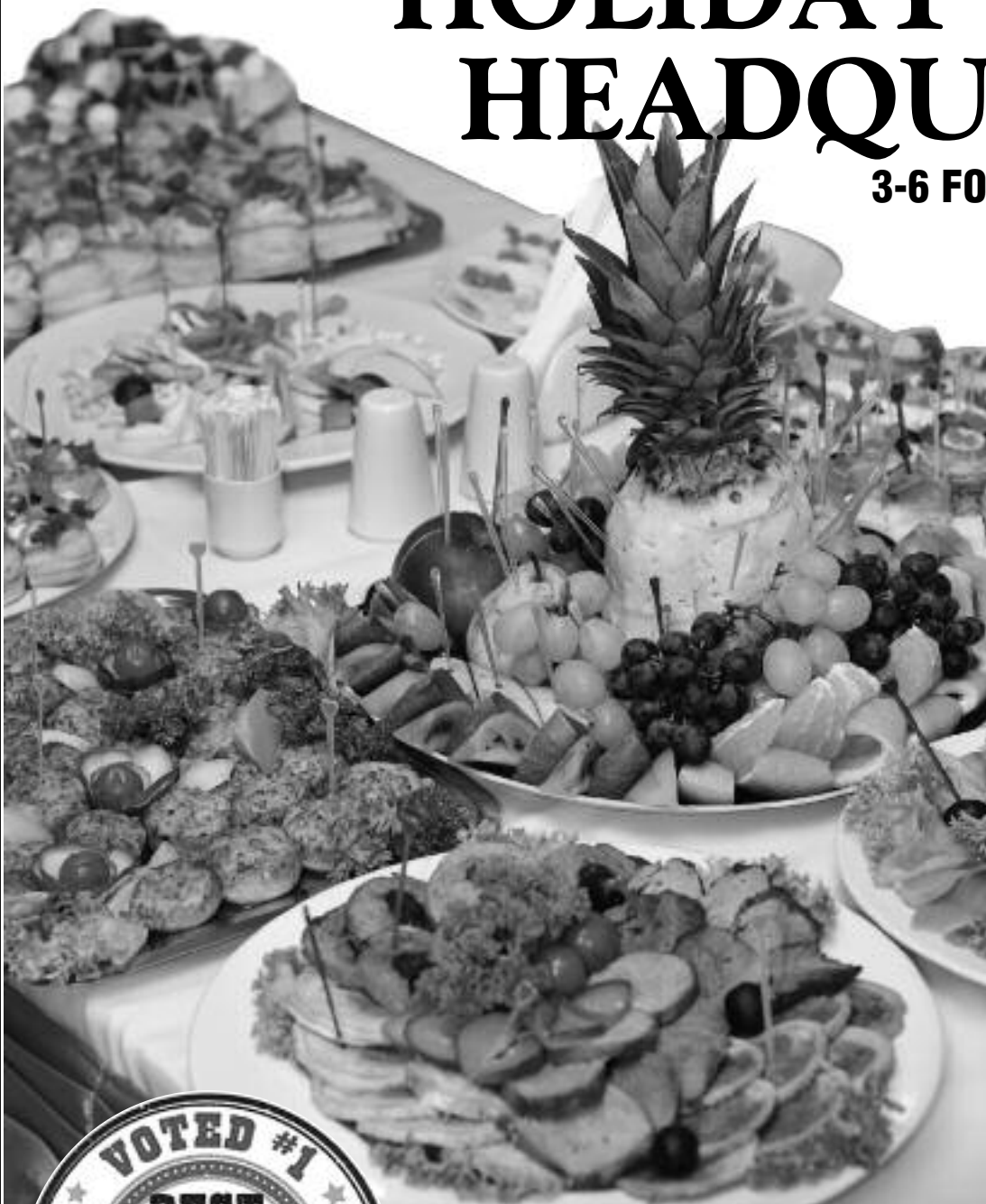
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908-688-8884

558 Rahway Ave., Union NJ

(down the street from Comcast)

Mon. - Fri. 6am - 6pm • Sat. 6:30am - 2pm

Hot Buffet Package

Choose your hot entrées from our large selection of individual hot trays list.

Includes: A tossed salad with vinaigrette dressing, assorted bread, rolls, butter, salt & pepper.

We Supply: plates, napkins, forks, knives, serving spoons & tongs. Extra charge for sterno & racks.

\$12.50 pp - 20-49 people, 3 hot entrées,
1 potato or vegetable

\$11.50 pp - 50-99 people, 4 hot entrées,
2 potatoes or vegetables

\$10.50 pp - 100+ people, 5 hot entrées,
2 potatoes or vegetables

Veal dishes - Add \$1.00 per person

Hot Entrées a la Carte

1/2 tray serves 8-10 people; whole tray serves 16-20 people
For complete catering menu visit www.cozycornerdeli.net

	Half	Whole
Baked Ziti	40.00	64.00
Lasagna	44.00	74.00
Roasted Pork Loin	44.00	74.00
Honey Glazed Baked Ham	44.00	74.00
Kielbasa & Sauerkraut	44.00	74.00
Swedish Meatballs	44.00	74.00
Chinese Pepper Steak	50.00	80.00
Oven-Roast Beef w/Gravy	50.00	80.00
Chicken Marsala	50.00	80.00
Chicken Parmigiana	50.00	80.00
Chicken Cordon Bleu	50.00	80.00
Chicken Fingers & Sauce	40.00	65.00
Chicken Wings	35.00	60.00
Veal & Peppers	54.00	84.00
Veal Parmigiana	64.00	94.00
Veal Marsala	64.00	94.00
Eggplant Parmigiana	44.00	74.00
Seasoned Potatoes	29.00	44.00
Roasted Mixed Vegetables	29.00	44.00
Glazed Baby Carrots	29.00	44.00
French Fries	24.00	39.00
Tossed Salad	25.00	40.00
Caesar Salad	25.00	40.00

FALL SPECIALS

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Over \$100

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