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POSTAL PATRON

MOUNTAINSIDE, NJ 07092

# BEAUTIFUL MOUNTAINSIDE HALLOWEEN PARTY FUNDRAISER



(above l-r): Front row: Andi Hoyer, Alice Cowell, Tracy Criscitiello, Linda Condrillo, Kathy McGlew, Debbie Boehner and Irena Dabrowski. Back row: Regina Kelley, Todd Evans, Ethel Ward.

On Saturday, October 28th, "Beautiful Mountainside," the Borough's all volunteer beautification committee, sponsored their first annual adult Halloween party fundraiser at the Mountainside Elk's Club. The event sold out and all proceeds will be used to continue to make Mountainside more beautiful, including the refurbishing of the Borough's Christmas Tree, which will be lit at dusk on Saturday December 2nd.

Beautiful Mountainside would like to thank all those area residents for supporting our town and coming to the party. The committee would also like to thank the local businesses who provided the food for the event, including Mazzella's, Public House, Daimatsu, Salon Devine, Bake Zone and Bovella's. Beautiful Mountainside is fortunate

to have the support of the Mayor and Council, and the dedication of a core group of concerned citizens who volunteer their time, talent and ideas to maintain and improve the beauty of the Borough. Seasonal decorations and flora have enhanced the downtown since the formation of the committee last year.

Beautiful Mountainside welcomes new members to their monthly meetings, held at the Hetfield House at 7 p.m. on the first Monday of each month. The committee also appreciates help with watering seasonal plantings and other hands on projects throughout the year, without any commitment to joining the committee.

Call Todd Evans at 908-462-4366 for more information about the committee and to find out how you can help.



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## MOUNTAINSIDE HOLIDAY FESTIVITIES SET FOR DECEMBER 2ND

### MOUNTAINSIDE CHRISTMAS TREE LIGHTING

The Mountainside Christmas Tree Lighting festivities will be held on Saturday, December 2nd at Borough Hall beginning at 4:30 p.m.

There will be caroling, hot chocolate and cookies (for sale) and Santa will be available for photos.

### FAMILY SKATE NIGHT

Mountainside Recreation Department Family Skate Night will be held after the Tree Lighting ceremony.

Free to all Mountainside residents from 6:30 – 8 pm at the Union Sports Arena, located at 2441 US-22 in Union. No reservations needed.

## YFCS OFFERS SUPPORT TO NJ VETERANS, MILITARY, AND THEIR FAMILIES

In an effort to continue raising awareness about the amazing work nonprofits are doing in our community, the Greater Westfield Area Chamber of Commerce (GWACC) would like to highlight Bravest First, a program developed by Youth & Family Counseling Service (YFCS). Bravest First was created in 2015 to support the critical counseling needs of New Jersey's veterans, military members and their immediate families.

Based on 2012 data from the Department of Veterans Affairs, the number of veteran suicides averages 22 per day. In light of these staggering numbers, YFCS recognized the need for mental health care services to support the New Jersey military community. The Bravest First program is a free service provided through the generous donations of individuals and companies to YFCS.

"We know how important it is to have affordable access to mental health care services, especially when it comes to our bravest," said Carol M. Pedro, LPC, Executive Director of YFCS. "By partnering with organizations like Bonds of Courage as well as the GWACC, we are able to increase awareness about this free service we offer to the veteran and military community of New Jersey."

The YFCS is a non-profit social service agency and one of the very few regional counseling centers offering professional "family

systems" based psychological counseling, prevention, education, crisis intervention and supportive services to all income levels. Since its establishment in 1918, YFCS has served over 50,000 people—empowering and restoring countless lives in the community.

"We are delighted to be working with nonprofit organizations like YFCS," said Stephanie Branna, Board Member and Chair of the GWACC Nonprofit Committee. "It is important to support our veterans and military in all capacities including mental health care, which is why the GWACC is committed to raising awareness about free programs like Bravest First."

For more information about YFCS and the Bravest First program, please call (908) 233-2042 or visit [www.yfcsnj.org](http://www.yfcsnj.org).

### ABOUT YOUTH & FAMILY COUNSELING SERVICE

For nearly 100 years, the Youth & Family Counseling Service has promoted the mental health and well-being of youth, families and the larger community in Union County and surrounding areas through the provision of high-quality, affordable counseling services.

About the Greater Westfield Area Chamber of Commerce

The GWACC has 500 members serving five communities in Union County: Fanwood, Garwood, Mountainside, Scotch Plains and Westfield.

## PROMOTE YOUR COMMUNITY EVENT

*Community service organizations, schools and sports teams are encouraged to submit news of upcoming events or highlights and photos from recent events.*

**Organizations who are interested in submitting content, please email:**  
**[editor@rennamedia.com](mailto:editor@rennamedia.com)**

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## GIRL SCOUTS SOW MEMORY GARDEN FOR IMAGINE

Mountainside 11th Grade Ambassador Girl Scout Troops 40443 and 40468 completed their "Sow What" Journey project by planting a pollinator memory garden at Imagine, A Center for Coping with Loss in Mountainside.

"Partnering with the girls scouts was a joy," said Mary Robinson, Imagine Executive Director. "They did an incredible job of designing and sourcing the plants and the beautiful butterfly bench for a memory garden for Imagine."

Children and parents who attend Imagine will paint rocks in memory of the person in their life who died which will be placed throughout the garden. All the rocks were dug up by the girls as they worked to create the garden. Come back in the spring to see all the bulbs in bloom! Special thanks to Clare Minick of Minick Smart Gardening for assisting with the project. Special thanks also to Williams Nursery, The Home Depot, Lowe's, Dreyer Farms and Bartell Farm & Garden Supply for generously contributing to the garden. Most of the plants planted will attract butterflies and bees.

Imagine is a free year round grief support center for children, teens, parents and adults coping with the loss of a family member due to death, or caring for a family member with a life-altering illness. Imagine is designed to help children and teens develop healthy coping skills and foster resiliency and emotional well-being for all those who grieve. Imagine provides grief support and education throughout the year for

children, parents and adults through its bi-weekly peer support groups, youth workshops and in-service workshops in schools, community agencies and workplaces. Additionally, Imagine provides community-wide days of remembrance, and on-site peer support in schools and workplaces after any traumatic loss. For more information contact Administrative Manager Val Stierhoff, val@imaginein.org, 908-264-3100.



(above l-r) Girl Scouts Kyra Kozar, Giulia Goggi, Amanda Carrico and Katie Healy, all from Mountainside.

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## HETFIELD HOUSE ANNUAL GINGERBREAD OPEN HOUSE WEEKEND

For a fun-filled afternoon that's sure to put everyone in the Holiday spirit, make sure to visit the Hetfield House (located on Constitution Plaza near the Mountainside Library) on Saturday, 12/9, (adults); and Sunday, 12/10, (families). A donation of \$5 per person is suggested and proceeds will go toward the restoration of the Levi Cory House.

### ADULT WINE & CHEESE OPEN HOUSE

– SATURDAY, DEC. 9 FROM 3-5PM

The event will kick-off at 3:00pm with a visit from jolly old St. Nick. Guests will enjoy, music and plenty of holiday cheer. Stop by for a short visit or stay for a while.

Photos of Gingerbread Open House at Mountainside's Hetfield House past.



(above) Alice Cowell, volunteers, and guests make miniature holiday arrangements.



(above) Sara McCabe and the OLL Children's Choir entertain.

### FAMILY GINGERBREAD OPEN HOUSE

– SUNDAY, DEC. 10 FROM 1-4PM

Families with children are welcome on Sunday, Dec. 10 (1-4pm) to enjoy many interactive events and projects. These include gingerbread ornaments to decorate, mini holiday arrangements to make, guessing contest, mulled apple cider and baked goods to enjoy - all surrounded by festive holiday décor and live music by the Deerfield Middle School Instrumental Music students (1:30pm), Bagpipe Players from Governor Livingston High School (2:15) and Our Lady of Lourdes Children's Choir (2:30pm). Despite their busy work preparing for the holiday, Mr. & Mrs. Claus promise to visit the children and share holiday cheer. Bring your cameras for pictures.

On both days, the "Village Shop" boutique will

be open featuring Holiday décor items, ornaments, jewelry, gifts, crafts and other curiosities – both new and vintage. Hopefully, in the next year, the "Village Shop" will be relocated to the neighboring Levi Cory House, after its restoration.

The Deacon Andrew Hetfield House is located at Constitution Plaza (Watchung Ave., off Birch Hill Rd.) adjacent to the Mountainside Library. The Mountainside Restoration Committee is a 501 (c)(3) charity and a committee of volunteers whose purpose is to maintain the Deacon Andrew Hetfield House, restore the Levi Cory House and collect and save historic information and items from destruction.

For further information, please call (908)789-9420; or go to: [www.mountainsidehistory.org](http://www.mountainsidehistory.org).



(above) Sandy and Maureen are ready for customers at the Village Shop Boutique during The Gingerbread Open House at the Hetfield House.



(above) Santa and Mrs. Claus pose for photos with children and families during The Gingerbread Open House.

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### FRIDAY - SATURDAY

**Lunch 11am - 3:30pm**

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Kids 7-10.....\$5.99  
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**Dinner 3:30pm - 10:30pm**

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## SENIOR CITIZEN UPCOMING EVENTS

**THE PELVIC FLOOR: THERE IS AN OPTION**  
AmeriCare Physical Therapy will be presenting an educational seminar of the Pelvic Floor Muscle Group. We will be discussing some common issues associated with the Pelvic Floor, like pelvic and low back pain, stress and urge incontinence, as well as others, and how Physical therapy can be an effective treatment option. Please join us for this informational talk on Wed, Dec 6th at 11:30 am in the Community Room. Refreshments will be served. RSVP to Kim Moriak 232-4406.

### Mountainside Senior Citizen Club

Christmas Holiday Luncheon at Mosaico Restaurant on **Monday, December 18 at 12 noon**  
Valentines Luncheon on Monday, February 12 at Spanish Tavern at 12 noon

The cost for each event is \$32 for members or \$35 for non-members.

Send checks to Eve Vitale, 286 Ravenswood.

### The Mountainside Senior Club meets on the 2nd and 4th Fridays

at the Presbyterian church on Deer Path Road in Mountainside at noon.

Note that we do not meet the Friday before Christmas. The first meeting in 2018 will be on January 12th @ 12 noon with our fabulous mayor.

### Mountainside Active Retirees

Ruth Yablonsky – Speaking about Trailside Museum  
**Dec 12th at 10 am**

**Dec 26th no meeting**

Winter Party Spanish Tavern,

**Tuesday, January 9, 2018 at 12 noon**

\$35.00 Per Person

### The MAR Club meets

**on the 2nd and 4th Tuesdays**

at Borough Hall, 2nd Floor Community Room in Mountainside at 10 am.

## MOUNTAINSIDE PUBLIC LIBRARY

The Mountainside Public Library is located at 1 Constitution Plaza, Mountainside, NJ.  
To register for these programs, stop into the library or call 908-233-0115.

The Library will be closed on Monday and Tuesday, December 25-26 in observance of Christmas and on Monday, January 1 in observance of New Year's Day.

### Tuesday Night Movies

December 5th - Take Shelter (2011) (R)  
December 12th - A Quiet Passion (2017) (PG-13)  
December 19th - Beauty and the Beast (2017) (PG)  
(There will be no movie shown on December 26.)  
Showtime for each movie is 6:30 p.m.

### Brown Bag Academy,

"Genealogy Series: Celebrate Your Family",

**Thursday, December 7 from 5:30 to 7:00 p.m.**

Sandy VanderMeer, of the Mountainside Restoration Committee, will be at the library for the third of a three part series entitled "Connect to Your History". The final session, entitled "Let's Dig a Little Deeper", will teach ways of learning to identify additional research options as well as best practices for keeping your found records organized. This program is free and open to the public and is sponsored by Arbor Terrace Mountainside.

### Opera on Film Series

**Friday, December 8 at 1:00 p.m.**

Friday Operas on Film series, sponsored by the T. Robel Hill Foundation and presented by Mena Clemson, will be showing Carmen by Georges Bizet. This 1989 recording stars Jose Carreras as Don José and Agnes Baltsa as Carmen. The Metropolitan Opera Chorus and Orchestra is conducted by James Levine.

### "Holiday Card Workshop"

**Saturday, December 9 from 1:00 – 4:00 p.m.**

This workshop is a tradition at the Library! There will be cards for all ages to make from the youngest child to adults. Register so that we have enough supplies and then drop in to create one-of-a-kind cards for your family and friends. Children under 6 must be accompanied by a parent.

### "Elder Law & Estate Planning Workshop"

**Monday, December 11 at 7:00 p.m.**

Where would you want to leave your hard earned money in case of death or disability? Nursing home, government or family members? If you answered "family members", this presentation is a must for you! Benjamin Eckman, a member of the National Academy of Elder Law Attorneys, returns to the library to show you how to successfully safeguard your assets from taxes, probate and nursing home costs. People lose their assets to government and nursing homes all the time because these entities do not inform them of the laws. This seminar is your opportunity to learn for yourself.

### "Broadway & Hollywood Holiday Songs"

**Saturday, December 16 at 2:00 p.m.**

Mountainside favorite Skip Ungar is back for a return engagement with a special performance of Holiday classics - a mix of Holiday Music from Movies and Broadway musicals. Favorites from movies such as "Meet Me in St. Louis" and "White Christmas" and such songs as "It's Beginning to Look a Lot Like Christmas", "Have Yourself a Merry Little Christmas" and "White Christmas" will be featured.

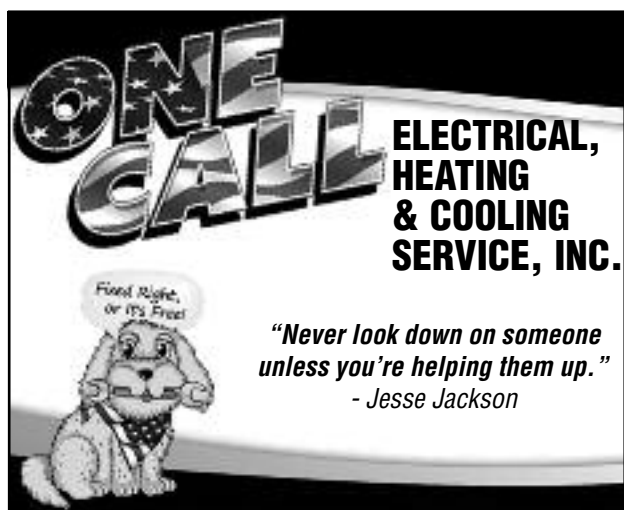
### "Guided Meditation for Inner Peace"

**Thursday, December 21 at 7:30 p.m.**

Sally Youngmans returns to the library for a special fall series on mindfulness. Learning to be more mindful and incorporating techniques that Sally will share have proven to decrease stress and improve overall health and well-being. This series is for everyone - beginners and those with experience. This month Sally will focus on Tapping into Your Inner Guidance.

To register for these programs, stop into the library or call 908-233-0115.

The Mountainside Public Library is located at 1 Constitution Plaza, Mountainside, NJ.



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## GOVERNOR LIVINGSTON'S PROJECT GRADUATION 2017

Project Graduation 2017 was held at the Woodbridge Community Center in Woodbridge on June 20th, the evening of Governor Livingston's graduation. Graduates attended the all-night event, which was filled with fun, food, and entertainment.

The Project Graduation Committee of the Governor Livingston High School PTO raises 75% of the cost for the event through fundraisers and donations. The other 25% is funded through a minimal admission fee. Project Graduation would like to thank the following businesses for making the evening possible through their generous contributions.

(see list below)

In addition, the committee would like to thank the following organizations for their support: Borough of Mountainside, the Municipal Alliances of Berkeley Heights and Mountainside, the Berkeley Heights Education Association (BHEA), the Berkeley Heights PAL, the Berkeley Heights Rotary Club, the Mountainside PAL, the Mountainside Rotary Club, the Mountainside PBA Local 126, the Mountainside VFW Post 10136, and the Mountainside Foothill Club.

Fundraising for Project Graduation 2018 will kick off in January. If you are interested in making a donation, please email Project Graduation at [glprojectgraduation@gmail.com](mailto:glprojectgraduation@gmail.com).

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## MOUNTAINSIDE RESCUE SQUAD RETIREMENTS

Submitted by Eric D. Pastore

After a combined 30 years of volunteer work, Mountainside Rescue Squad President Ann Marie Pires and Treasurer Lori Rubino are retiring at the end of the year. Over the last 10 consecutive years Ann Marie and Lori have served side-by-side ensuring the Mountainside Rescue Squad is run efficiently and budget conscious. Over the years they have spearheaded several interior renovations, purchasing of new equipment, and purchasing two new ambulances, one in 2001 and the other just a few years ago. As Chief, I would like to thank them for their years of dedication, for their wisdom, for making my job easier, and I wish them all the best in their future endeavors.



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## RENNA MEDIA LAUNCHES THREE NEW NEWSPAPERS NOW MAILING 125,000 NEWSPAPERS BRINGING TOTAL TO 21 TOWNS

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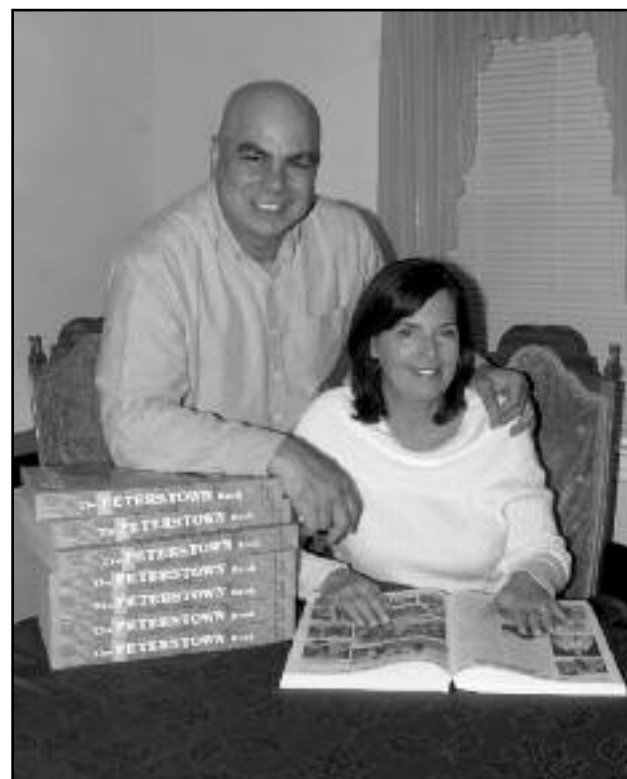
Renna Media will be launching three new newspapers in January 2018. *Garwood Times*, *The Chathams*, and *Madison Monthly* will join Renna Media's family of newspapers, bringing the number of publications to 21 with a total of 125,000 newspapers mailed to homes and businesses monthly.

The publications are "hyper-local" in nature in that they contain information focused on each individual town and are direct mailed within those towns.

The hyper-local design gives businesses the highest value for their advertising dollars. The newspapers are designed (black ink on newsprint) to keep the cost of advertising as low as \$60 for a business card size ad. Regional businesses can take advantage of one low rate for being in multiple publications. Inserts are also available.

Joe and Tina Renna, owners of Renna Media, LLC, have been publishing community newspapers since 1998.

For info about Renna Media publications, please contact [info@rennamedia.com](mailto:info@rennamedia.com); or call 908-418-5586.



(above, l-r) Joe and Tina Renna, owners of Renna Media, LLC, have been publishing community newspapers since 1998.



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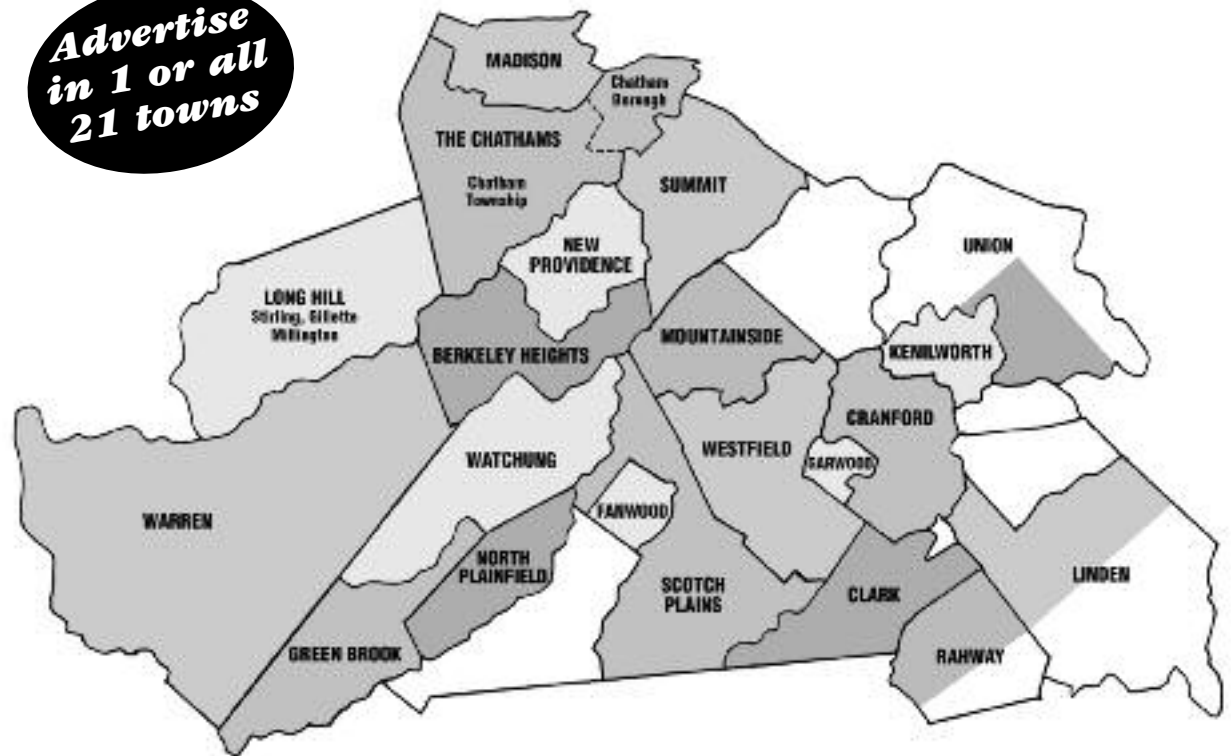
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