

KENILWORTH BUSINESS + LIFE

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**VETERAN'S DAY
NOV. 11
VFW POST 2230
WILL ONCE AGAIN
HOST A CEREMONY
HONORING ALL OF
OUR VETERANS**

at 11 a.m.

THE VFW
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Refreshments will
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Please join us and say
thank you to all of our
veterans who have
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CHAMBER OF COMMERCE'S TASTE OF KENILWORTH

On October 24, 2017 the 14th Annual Taste of Kenilworth was presented by the Kenilworth Chamber of Commerce and was hosted by Merck & Co. The event represents the continued commitment of the Kenilworth Chamber of Commerce to bring together its business and residential communities for the enrichment of both.. The event offers

local dining establishments the opportunity to showcase some of the culinary specialties that they are noted for. Proceeds of the event fund the Kenilworth Chamber of Commerce Scholarship program, which over the years has given away thousands of dollars in scholarships and prizes to graduating Kenilworth high school seniors.

Participating restaurants included:



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*Old City Café,
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*Hilton Garden Restaurant,
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*Kamal Assad, President of Kenilworth
Chamber of Commerce and Ed Toy,
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Photos from this and other events can be found online at rennamedia.com and on the Kenilworth Business Life page on [facebook.com](https://www.facebook.com) Feel free to "Like", "Tag" and "Share"

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MEMO FROM THE MAYOR

Hello Kenilworthians, I hope everyone had a pleasant October. It was unseasonably warm during most the month, which hopefully gave everyone time to get things done and prepare for colder days and the upcoming winter months. We had a trying October, with the devastation and the aftermath of Texas, Florida, the Caribbean and the fires in California, senseless violence in Las Vegas, not to mention attacks on civilians and law enforcement across the globe. One can almost feel the apprehension of listening or watching the news every day. We are not a town (nor a Nation) that is ruled by that cancerous word fear, nor do we give up in the face of adversity and tragedy. We will pray and hope for all the victims and give aid and support where we can, because this is what we do as a community and what we do in this Great Nation. I have faith there are better days on the horizon, even in the darkest of nights the sun rises.

I like to take this time to remind everyone to **HELP STOCK YOUR LOCAL FOOD PANTRY** Non-perishable goods and gift cards to any supermarket can be left in the Cry Room at St. Theresa's Church after any Mass

Monday - Friday donations can be dropped off at the Rectory (9 am - 5 pm)

Supermarket gift cards and or check donations (payable to St. Theresa's) can be mailed to: Social Concerns, c/o The Church of St. Theresa, 541 Washington Ave, Kenilworth, NJ 07033 If you are in need of food, you can contact the Rectory at 908-272-4444, they will arrange for a volunteer to meet you at the pantry.

The identities of all recipients are kept confidential!

Here are some important dates for November;

November 3: The Kenilworth Historical Society presents "A Unique Epicurean Experience at the Nitschke House". Sergio Moutela (Melovino Meadery); taste/enjoy his masterfully created meads (wine from honey). Call for reservations

November 5: Daylight Savings Time End...don't forget to turn your clocks back. This would also be a good time to change the batteries in your smoke detectors and carbon dioxide alarms

November 7: Election Day, whatever your choice be informed and get out there and vote

November 11: Veterans day, honor those who have served and those are a serving today. Thank them for their service to this Great Nation

November 16: The Kenilworth Historical Society presents A View of "Historic Kenilworth from the Skies" at 7 PM. This is a tribute to WWII Vet Ray Scheuerer presented by Historian Water Boright where he will present & discuss aerial photos taken by Ray Scheuerer in the "40's. Free admission

November 23: Thanksgiving (Borough Hall will be closed November 23 & 24)

For the month of November, there are always event for adults and children, make sure to check in at www.kenilworthlibrary.org for more details

In closing, this month we celebrate Thanksgiving, a day to gather with friends and family and give thanks and be grateful for all the gifts that are bestowed upon us. Kenilworthians, I know I'm preaching to the choir, giving back, being part of the community and generally being good to another is a 24-7-365 occupation. Yes, we fight, we argue but in the end, life is too short to be angry and bitter. Make the most of your life today; tomorrow is never guaranteed.

God Bless you all and God Bless America!

Mayor Anthony P. DeLuca Jr.

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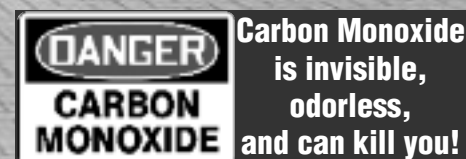


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OFFICER MICHAEL DEVLIN HONORED BY VETERANS GROUP

Kenilworth Police Officer Michael Devlin was honored on October 1st by the New Jersey Veterans Network (NJVN) as this year's Union County Military Hero representing the Borough of Kenilworth. This award is given to veterans who display leadership, respect, citizenship, and patriotism in their daily lives as well as on the job. Officer Devlin served US Army Airborne Light Infantry from 1986 – 1995.

New Jersey Veterans Network is a group of volunteers dedicated to helping veterans and their

families live a better life. The mission of NJVN is to create a system of Community Veteran Liaisons (CVL) whose role is to identify veterans and connect them with resources and programs designed to meet their unique set of needs.

The charity is comprised of members from the NJ PBA, NJ FOP, NJ FMBA, NJ American Legion, NJ VFW, and various other military and

first responder organizations. They are endorsed and backed by numerous state and local elected officials. NJVN relies solely on motivated volunteers. The most important contribution is to have people become a part of the charity. They are always looking for volunteers. If you have any questions call 973-332-1556 or email: mdbollio@optonline.net.



*The Devlin Family
(above) Officer Michael P. Devlin, Victoria M. Devlin, Grace Devlin, and Aidan Devlin*



During the October 1st event Officer Devlin was presented with a personalized shadow box showing his branch and service. (above l-r) Kenilworth Police Department: Officer Valerie Smith, Lt Fred Soos, Officer Michael Devlin, Chief John Zimmerman and Officer Leo Philipe.

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UNITED METHODIST CHURCH HAS NEWLY APPOINTED PASTOR

Nova Villa (Novz) Vitug-Thomas is the newly appointed Pastor of Community United Methodist Church in Kenilworth NJ, located at 455 Boulevard Kenilworth NJ and affiliated with Springfield Emanuel United Methodist Church in Springfield NJ.

Nova was born and raised in the Philippines where she served as a local pastor for seven years. She led a Filipino Fellowship in Ridgefield Park, NJ for two years. Nova married Justin Thomas last June 24, 2017. She graduated with a Master of Divinity from Drew Theological

Seminary last May. Nova has a six year old daughter named Nicole Rae. She is the first Filipino female clergy to be assigned in United Methodist Church of Greater New Jersey Conference. Nova is passionate in proclaiming the good news of salvation and making new disciples for the transformation of the world. She believes that Jesus the Christ has no body but us. She delights in serving God by serving God's people, especially those who need God the most.

Kenilworth United Methodist Church shares a lot of commonality in the Borough's history. In May of 1912 most of the founders of the Kenilworth Fire Department incorporated the Kenilworth United Methodist Church.

Kenilworth's first Fire Chief Andrew Ogden became the first president of Trustees as well as the church organist and choir director. The first Fire Department Captain Fred Frost became chairman of the Administrative Board of the church.

Kenilworth shares the worship service with Springfield Emanuel UMC. In the past weeks of worship in Kenilworth, new people and faces

were joining them in worship. God has truly been working and transforming lives in the community and they have been attracted by the hospitality and fellowship of love and friendship within the members of the church especially the sharing of home-cooked foods.

The Community UMC of Kenilworth with Springfield-Emanuel UMC continues to sponsor the following services for the community:

- Bible Study every Tuesday at 7:00 PM-8:15 p.m.
- Sunday School Classes at 9:30 a.m.
- Sunday Worship Service at 10:30 a.m.
- Blessing of the pets with certificate
- Used Clothing drop-off shed for disaster victims at the parking lot
- Prayer for healing and wholeness
- Lunch fellowship after worship service
- Runs a Thrift Shop every Saturday from 10AM to 3 p.m.

Please call Pastor Nova at (201) 699-6704 or email at novavillavi@gmail.com for more information or schedule for blessing of your pets. Website: www.seumc.com



(above) Nova Villa (Novz) Vitug-Thomas is the newly appointed Pastor of Community United Methodist Church in Kenilworth.

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BROADWAY VERSION OF A CHRISTMAS CAROL COMING TO CDC THEATRE

Ebenezer Scrooge and his ghostly encounters will come to life at CDC Theatre beginning December 8. Written and scored by Broadway heavy hitters, Alan Menken (Disney's Beauty and the Beast, Disney's The Little Mermaid, Little Shop of Horrors) and Lynn Ahrens (Ragtime, Seussical, Once on This Island), A Christmas Carol is a spectacular adaptation of Charles Dickens' most well-known story; proving its staying power with a decade-long run at the

Theatre at Madison Square Garden.

This family friendly show will be directed by Matty Price. "I chose a Christmas Carol because it has a wonderful message about change," said Price. "That change for the better is possible and it is never too late to change. I think it applies to all people in all walks of life and at any stage. Our cast represents this with the variety of ages we have onstage working together to create this show. I think telling this familiar tale in the musical theatre style makes it new and exciting and the story will feel right at home on the CDC stage!"

Ebenezer Scrooge is a prosperous curmudgeon who believes that personal wealth is far more

valuable than the happiness and comfort of others. With an infuriated "Bah! Humbug!", Scrooge sums up his feelings about Christmas tidings and charitable giving, but he's forced to face his selfish ways when on Christmas Eve three ghosts lead him through his Past, Present and Future. Thanks to their guidance, Scrooge recognizes his faults and greets Christmas morning as a changed man and with a cheerful "Happy Christmas!"

The production boasts a talented cast of over 30 local performers and will run for 8 performances from December 8 through December 16. Details and ticket information can be found at cdctheatr.org.

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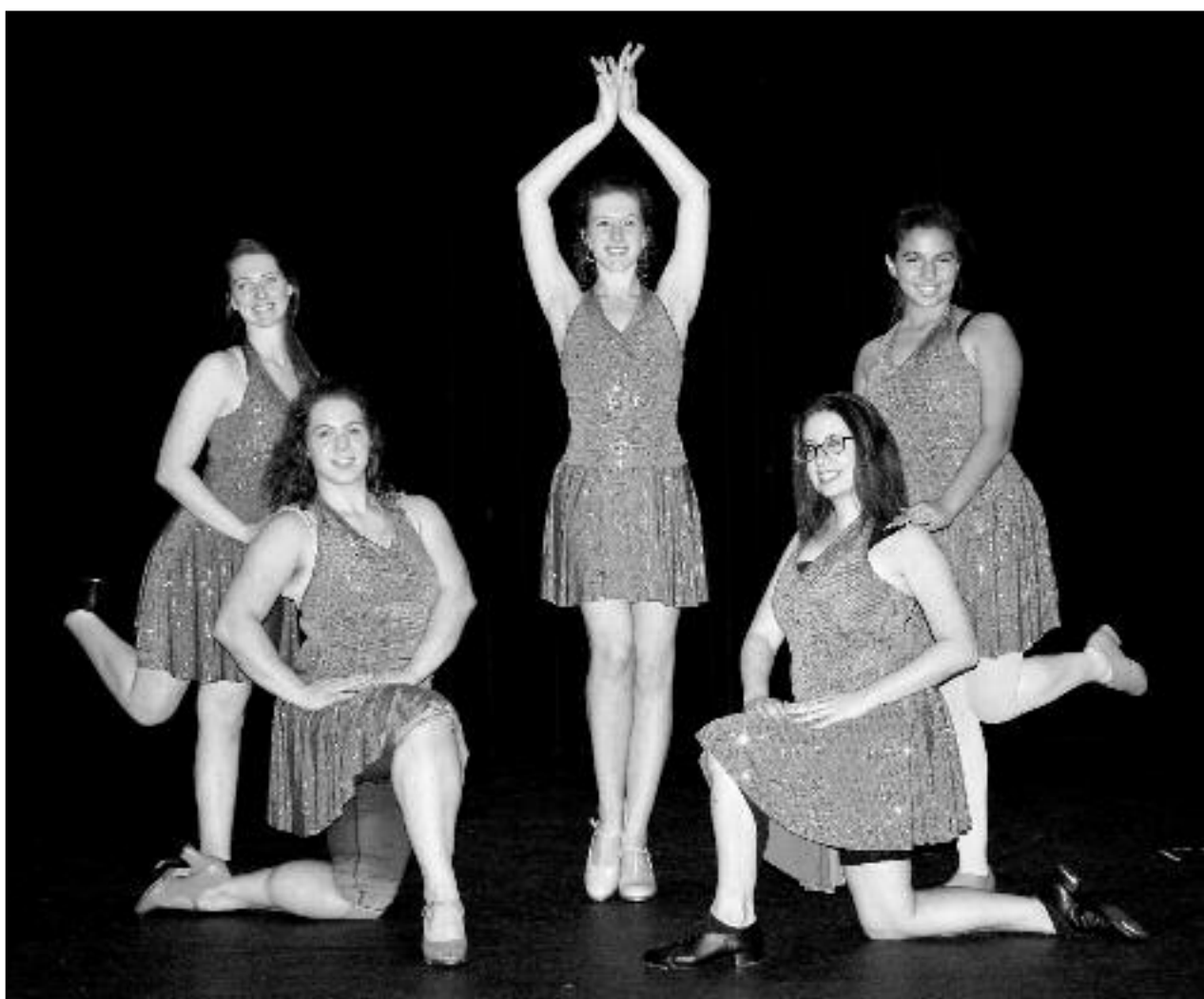
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(above l-r) Charity Elves Amanda Dunsdon, Kylie Francis, Kimmi Zimmermann, Annamarie Carlo and Michele Greenspan prepare to dance into CDC Theatre in December.

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Kids 3-6.....\$3.99	Kids 3-6.....\$5.99
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ST. THERESA'S SEEKING THANKSGIVING FOOD PANTRY DONATIONS

St. Theresa's Social Concerns Food Pantry is gearing up for their Thanksgiving food basket distribution. Last year they distributed 255 baskets including a \$10 supermarket gift card, and 280 turkeys. They anticipate a bigger need than any year before.

Nonperishable food items can be dropped off at the back of the Church on Sundays or any day of the week between 9 am to 3 pm at the Rectory. There is a special need for gravy, stuffing, cranberry sauce and canned yams. Gift cards to any supermarket in \$10.00 denominations are also needed. Frozen turkeys can be dropped off the Friday before Thanksgiving (November 17th) between 9am - 5 pm at St. Theresa's Rectory. Gift cards and checks payable to St. Theresa's can be mailed to Social Concerns c/o The Church of Saint Theresa, 541 Washington Avenue, Kenilworth, NJ 07033.

Baskets will be distributed the Saturday before

Thanksgiving (November 18th). If you need a basket call the Rectory to reserve one at (908) 272-4444. Only first names are required. There will be no baskets given out without a reservation.

GIVING TREE

With Thanksgiving behind them, Social Concerns will then be collecting donations for a "giving tree" which will be located in St. Theresa's church starting November 25th. The tree is decorated with tags with needed items written on them. Donors simply take as many tags as they wish and return the items to the church for distribution. The orders on the tags were collected from needy families within the community as well as Covenant House, Catholic Charities and St. Joseph's Social Service Center located in Elizabeth.

If you are in need please call the Rectory (908) 272-4444.

'ENCHANTED HOLIDAY SAMPLER' TRIP TO LANCASTER COUNTY, PA. - DEC 2ND

The Kenilworth Historical Society will host an "Enchanted Holiday Sampler" bus trip to the National Christmas Center, Shady Maple Smorgasbord and Kitchen Kettle Village (Lancaster County, Pa.) on Sat., Dec. 2.

The trip will depart Kenilworth (St. Theresa's School parking lot) at 7:15 a.m. and return to Kenilworth at approximately 8 p.m. Cost of \$85 includes comfortable motor coach transportation, admission to the National Christmas Center, which features 15 main galleries of life-sized exhibits celebrating the magic and memories, history and traditions of Christmas, a 1950s replica Woolworth's 5&10 store -- and more; a sumptuous feast at Shady Maple Smorgasbord (Lancaster County's largest smorgasbord) featuring 200 ft. of buffets with more than 100 selections; and a visit to Kitchen Kettle Village, which has more than 40 specialty shops and offers an array of holiday festivities. There are

extraordinary gift shops at all three stops.

There will be complimentary door prizes on the bus. For further information and reservations, please call 908-709-0434 or 908-709-0391. As space is limited, it is suggested that reservations be made early to ensure availability. Gift certificates for the trip are available for purchase.

Proceeds will benefit the Kenilworth Historical Society's historic Oswald J. Nitschke House (c. 1880) by helping defray the cost of an elevator that makes the recently restored "living history" museum and cultural arts center fully accessible to everyone.

The Kenilworth Historical Society (www.kenilworthhistoricalsociety.org) is an independent, volunteer-based, non-profit, tax-exempt, 501(c)(3) organization dedicated to the research, preservation and interpretation of the Oswald J. Nitschke House, local history and culture.

TALKIN' TRASH AT THE LIBRARY - NOV 9

Talkin' Trash Recycling Outreach Program will be presented at the Kenilworth Public Library on Thursday, November 9 at 11:00 - 11:45 a.m. for children ages 6 - 12 years old. Children will participate in an interactive program providing information about reducing, reusing and recycling. This program will be presented by Patti Lynn, certified recycling professional and educator.

This program takes place during the New Jersey State Teacher's Convention. Public schools will be closed. Registration is required. Kenilworth residents may begin to register on November 2. Out of town residents may begin to register on November 7.

For more information or to register for this program call 908-276-2451 or visit 548 Boulevard.



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ROTARY CLUB DISTRIBUTES DICTIONARIES

Ms. Pancurak's 3rd grade class from St. Theresa School in Kenilworth had a visitor from the Kenilworth Rotary Club on October 12. Charles Biancosino gave each student a brand new dictionary.

The children did a short lesson on finding and

locating words using the book. Student Dylan Gatachilian said "I love the smell of new books," as he was handed the dictionary, while student David DaSilva immediately started to look up the longest word. The class presented Mr. Biancosino a Thank You card.



MICHAEL L. VITALE SR. HEALTH FAIR

The annual Michael L. Vitale, Sr. Health Fair was held on Saturday, September 23rd, 2017 at St. Theresa's Elementary School, 540 Washington Avenue, Kenilworth, NJ. Eighteen vendors participated and more than a hundred people visited the fair. 55 flu shots were administered and health professionals provided screenings and educational materials for: hearing, vision, hypertension, dental, colorectal cancer, vascular educator, prostate health, diabetes and blood chemistry (SMAC/CBC), and more.



(above l-r) Nancy Lamoreaux, Kenilworth Board of Health member; Elizabeth Mayo, Director at Arrow Physical Therapy and the winner of the vendor raffle; and Justin Panzarella, Registered Environmental Health Specialist, Kenilworth Health Department.

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JUNIOR LEAGUE ANNOUNCES 2017-2018 BOARD OF DIRECTORS

The Junior League of Elizabeth-Plainfield (JLEP) is excited to share their 2017-2018 Board of Directors. This year's board includes a complementary mix of returning and new board members who are excited to come together to plan another year of fulfilling events for JLEP, including kicking off 95 years as a Junior League chapter in the Spring. JLEP's Board of Directors: President Nydia M Diefenbach, President Elect Suzanne Gallagher, Treasurer Naomi Benson, Nominating Placement Ashleigh Nudo, and Sustainer Reps Josephine Stack and Teri DiFrancesco.

For almost 95 years, JLEP has been helping women and children in need in the greater Union County area. From the League's signature projects Career Closet and Teen Closet to the League's annual Angel Tree partnership with Healthy Families Elizabeth, JLEP is proud of the volunteer work it accomplishes and the positive impact it provides to the local community. JLEP is a small but mighty league that loves the work they do!

ABOUT THE JUNIOR LEAGUE OF ELIZABETH-PLAINFIELD:

The Junior League of Elizabeth-Plainfield is a chapter of the Association of Junior Leagues International, Inc. and is an organization of

women committed to promoting voluntarism, developing the potential of women, and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. In spring 2018, JLEP will celebrate 95 years as a Junior League chapter.

JLEP operates from September through May during the League's calendar year. To learn more about JLEP, please go to www.jlepny.org or email information@jlepny.org. You may also contact Nydia M Diefenbach, President 2017-2018, Junior League of Elizabeth-Plainfield at (908) 709-1177.



(above l-r) Teri DiFrancesco, Ashleigh Nudo, Naomi Benson, Suzanne Gallagher, Nydia Diefenbach, Josephine Stack

**BOY SCOUTS
WILL BE
SELLING
TREES AND
WREATHS
AT THE VFW HALL
BEGINNING FRIDAY,
NOVEMBER 24TH**

**KENILWORTH
CHAMBER OF
COMMERCE MEETING**

**Wednesday,
November 8, 2017
8:30 A.M.**

**Kenilworth Public Library
548 Boulevard, Kenilworth, NJ**

FREE



**Member and perspective members
welcome.**

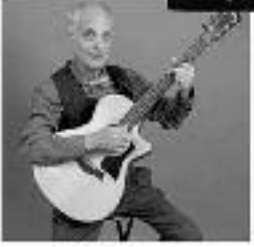

SALEM ROADHOUSE CAFE

This month: Jazz

AMANI featuring
STEPHEN FULLER

SATURDAY, NOVEMBER 11, 8:00 PM
DOORS OPEN AT 7:30 PM ADMISSION: \$20.00 STUDENTS \$15.00
Admission includes snacks, beverages, tea, coffee & desserts

"Amani" is the word for peace in Swahili. The band, "Amani," was formed to share the concept of peace through music, for people of all ages, races, and religious affiliations. "Amani" brings its message of peace to the Salem Roadhouse Café on Saturday, November 11, performing music from a variety of genres.

MARTY EIGAN—saxophone/flute, FRED FISCHER—keyboards; STEPHEN FULLER—vocals; FLIP PETERS—guitar

A duo exhibit, based upon artistic explorations in dance called "Dance and Other Strangers" by KATHLEEN HERON and MANSA MUSSA will be on display at the ROADHOUSE GALLERY OF FINE ARTS

Show proceeds benefit Monarch Housing
 Shows are featured on UNION TV34's "UNION AFTER DARK" nightly music series
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PARENTS SHARE STORY OF TEEN DEPRESSION & SUICIDE, LESSONS & HOPE

Wendy and Steve Sefcik recently shared the story of their 16 year-old son's struggle with depression and ultimate suicide at a community gathering in Westfield sponsored by crisis listening line Caring Contact and hosted by Westfield residents Linda Habgood and Gary Zanfagna in their home.

In the evening's program, "Breaking the Silence: Remembering T.J. — A Story of Depression, Lessons and Hope," the Sefciks discussed the warning signs that preceded their son's death in 2010.

They told the audience of more than 100 how their son grew up as an outgoing, sensitive boy who was well liked and excelled at sports. Yet as T.J. Sefcik moved into his teen years, he began to show what his parents now recognize as the early signs of depression, including increasing irritation and disrespect. Twice they sought guidance from counselors and both times were told T.J. was experiencing normal emotional growing pains before he was finally diagnosed with depression.

On December 1, 2010, T.J. Sefcik died by suicide. Following his death, the Sefciks immersed themselves in learning everything they could about teenage depression and suicide.

"It begs the question, 'What would lead a boy like this to take his own life?'," Steve Sefcik said.

"We feel it's so imperative we share what we learned so no other family loses a child to suicide," Wendy Sefcik added.

The Sefciks told the audience that one in four Americans will experience a diagnosable mental disorder and that one in eight teenagers will

suffer at least one episode of depression before they reach adulthood. They identified symptoms of teenage depression as irritable or angry moods, unexplained aches and pains, extra sensitivity to criticism and withdrawal from some but not all people. They also warned that the stigma of suffering from depression is the greatest barrier to treatment.

The Sefciks provided the audience with a list of resources families can turn to for help with teenage depression, including Erika's Lighthouse (erikaslighthouse.org); JED Foundation (jedfoundation.org); the Balanced Mind Parent Network (dbsalliance.org); the Society for Prevention of Teenage Suicide (sptsusa.org); and Caring Contact (caringcontact.org). A complete list can be found at rememberingtj.org.

"Sometimes these kids just want to be heard," Wendy Sefcik said. "That's one of the things I love about Caring Contact."

Since T.J. Sefcik's death his parents have made their presentation to more than 20,000 students, parents, educators and mental health professionals.

"We will speak to anyone interested in the message," Wendy Sefcik said. "We want to raise awareness of the importance of taking care of your mental health. We believe our mental health is as important as our physical health and we don't take care of both until an issue arises. If you pay attention to your mental health, that's suicide prevention."

Steve and Wendy Sefcik can be reached through their website rememberingtj.org.

If you are in crisis and need someone to listen,

call them at 908-232-2880. To learn more, visit caringcontact.org.

Anyone interested in volunteering may visit caringcontact.org/give-support/volunteer.

Caring Contact serves Central and Northern New Jersey and is a primary responder to calls to the national suicide prevention line (1-800-273-TALK or 1-800-SUICIDE) that originate in New Jersey. Callers also reach Caring Contact by dialing 908-232-2880.

Those preferring to seek supporting through texting may text "heart" to 741-741.



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WHEN: FRIDAY, DECEMBER 8, 2017
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WHERE: KENILWORTH VETERANS CENTER
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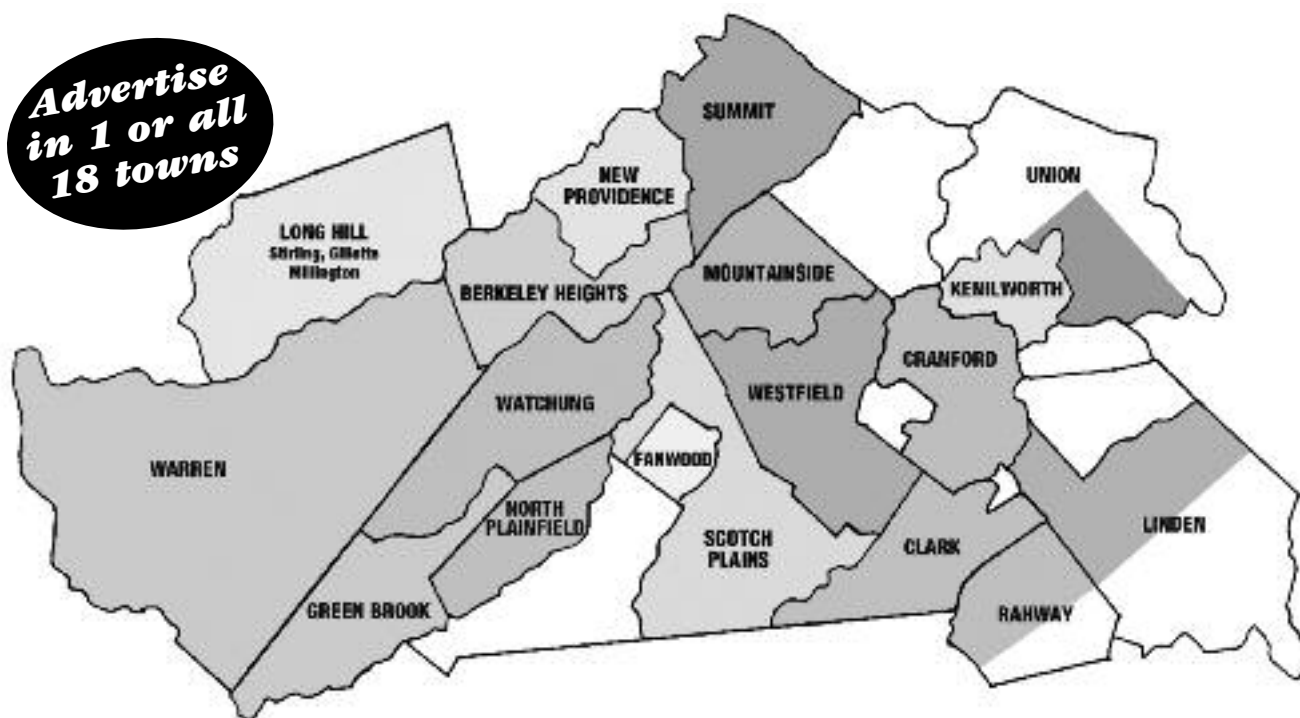
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This is a fundraiser for Harding Elementary School. The profits will be used to sponsor many programs that directly benefit the children of Harding School. Thank you for your participation.

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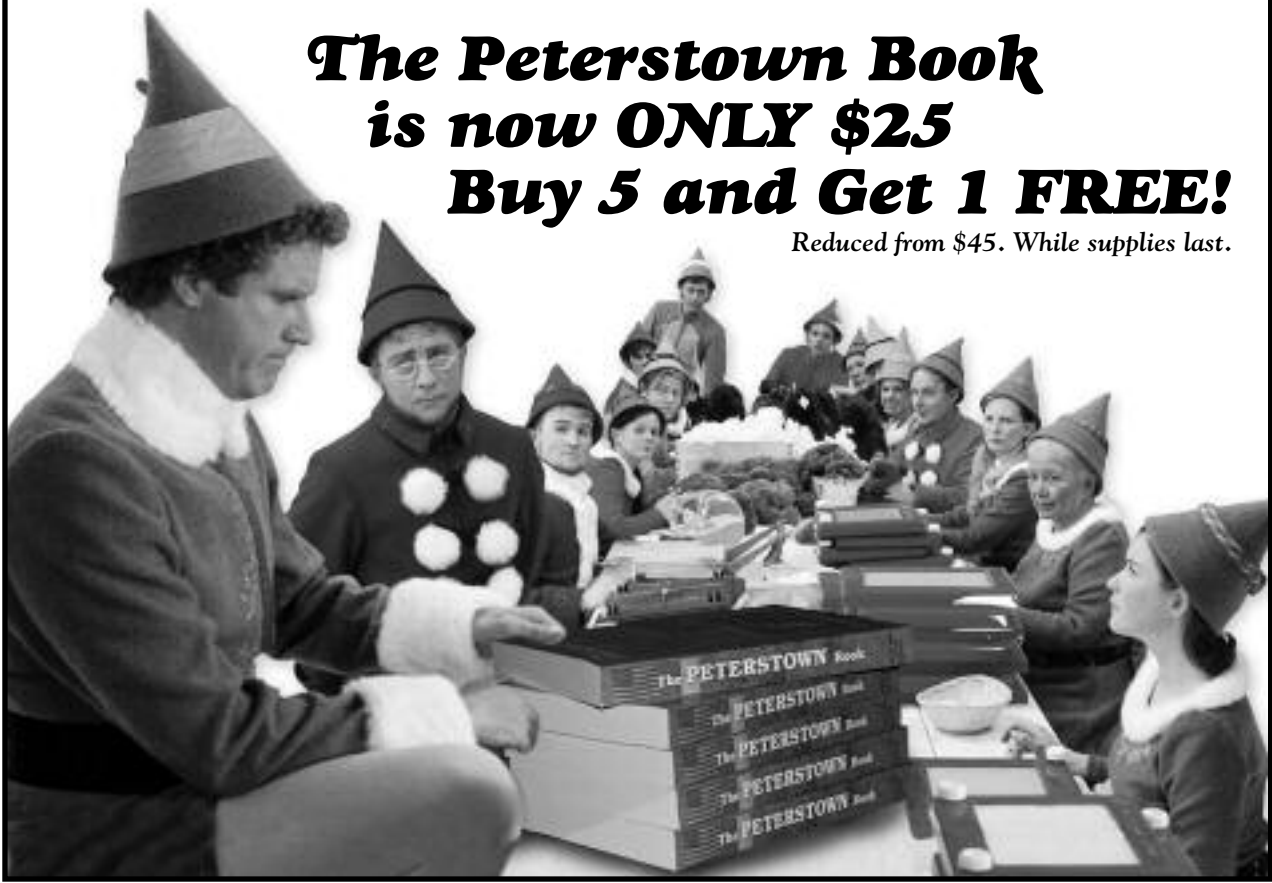
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AN OLD-FASHIONED CHRISTMAS AT THE NITSCHKE HOUSE

During a Dec. 10 (12-5 p.m.) Holiday Celebration and "An Old-Fashioned Christmas" at the Oswald J. Nitschke House (49 S. 21 Street), visitors will have an opportunity to meet and take photos with Victorian Santa, tour the c. 1880 home authentically decorated for the holidays and visit the site's Christkindlmarkt featuring handcrafted items, homemade candies and other holiday treats. Admission is free. Visitors are invited to bring, for the Nitschke House Cultural Heritage Tree, an ornament (labeled with their family name) that represents their family's heritage/culture. Any child who wishes to bring a cookie for Santa is welcome to do so. Shown here is Victorian Santa with one of the many families who visited the Nitschke House during last year's holiday celebration.



"WHO CARES FOR THE CAREGIVER?"

A Presentation by Dr. Eubanks

The Union County affiliate of the National Alliance on Mental Illness (NAMI) will present Dr. Robin Eubanks, a motivational trainer, educator and author, at their November 28th public meeting. Dr. Eubanks will lead a workshop designed to help caregivers realize that "self-care is not selfish. You as a caregiver cannot serve from an empty vessel." This workshop will present tools for emotional survival for caregivers particularly during the holiday season. Dr. Eubanks feels that it is so important for caregivers to know that they are not alone.

Union County NAMI exists to support all who care for a loved one who struggles with mental illness. Come join us for Dr. Eubanks' program and learn new ways to support yourself.

Our meetings are always free and open to the public. The meeting will begin at 7:30 p.m. on November 28 at the RWJ Rahway Fitness and Wellness Center, located at 2120 Lamberts Mill Rd., Scotch Plains, NJ.

For more information call 908-233-1628 or email namiunioncounty@yahoo.com.

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By Joe &
Tina Renna

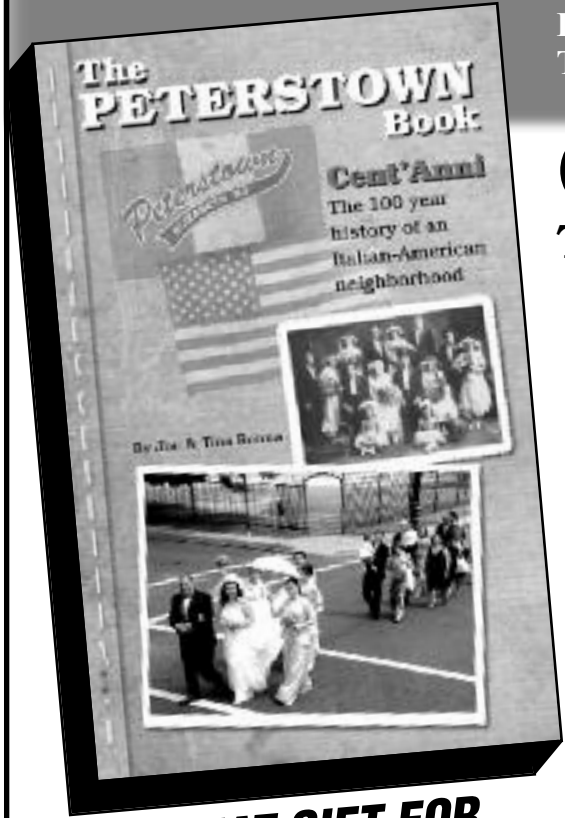
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