

Watchung Post

Watchung's Hometown Newspaper

NJ

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2017 WHRHS GRADUATION

Under brilliant mid-morning late-June skies, and in front of family, relatives, friends, administrators, teachers and each other, more than 540 students received their diplomas on Thursday, June 22, on the field in Tozier Stadium at the 60th Commencement of Watchung Hills Regional High School (WHRHS).

Principal George Alexis said humans are drawn to stories. "They delight us. They teach us. They touch our souls. They help us make sense of the world, and remind us we are part of a larger world."

A graduate of WHRHS himself, Alexis said the Class of 2017 had left its mark on the school, which first opened its doors to students in 1957. He urged the Class of 2017 to continue to reason critically, ask questions freely, solve problems, be curious, explore new ideas, forge their own narrative journeys boldly, and write their own stories. "Do your best," Alexis said.

He ended, quoting the late beloved Juan Carlos Cruz, the Spanish Teacher, soccer and track coach, cultural ambassador, mentor and friend who died unexpectedly and quite young in October. The quote is something many members of the Class of 2017 had heard Cruz say often, urging students to put everything into what they were doing. Alexis said, "As Señor Cruz would say, "Empty The Tank!"



(above) Danielle Koslow, plans to attend Emory University, Atlanta, Ga.; Nicole Wang, plans to attend Rutgers University; Emmaline Stoddard, plans to attend Fairleigh Dickinson University, Madison; Amanda Soliman, plans to attend New Jersey Institute of Technology (NJIT), Newark.

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(left, l-r) Among the WHRHS students who graduated on June 22, are Brandon Wang, who plans to attend Rutgers University; Corey Chan, who plans to attend Northeastern University, Boston, Mass.; and Andrew Zheng, who plans to attend Johns Hopkins University, Baltimore, Md.



(above) WHRHS Board of Education President Robert Morrison congratulates his son, Andrew Morrison, as he presents him with his diploma.



(above) Watchung Borough Councilman William Nehls, greets his daughter, Savannah Glasser-Nehls, as he presents her with her diploma.



(above l-r) President of the Class of 2017 Jordon Reynolds, Valedictorian Joyce Zhou, Salutatorian Michelle Shui, and All School Council President Natalie Przybylski of Warren Township. All gave remarks at the graduation, and Przybylski led the Salute to the Flag.

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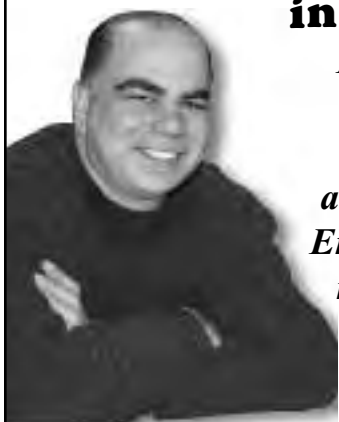
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TEDX YOUTH@WHRHS

Student empowerment was not just on the agenda, it was the agenda Monday night, June 19, at “TEDx Youth@WHRHS, an independently organized TED event,” at Watchung Hills Regional High School.

The TEDx event, which was the brainchild of 2017 WHRHS graduate Vineet Parikh, championed student empowerment, innovation and inspiration. Youth@WHRHS was an example of immediate discussions about how student inspiration, innovation, and empowerment can be turned into real, everyday improvements for WHRHS.

According to the TED organization, TED is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks, 18 minutes or less. TED began in 1984 as a conference where Technology, Entertainment and Design (TED) converged, and today covers almost all topics — from science to business to global issues — in more than 100 languages. Meanwhile, independently run TEDx events help share ideas in communities around the world.

“The students organizing the TEDx event, even though some were young, as young as sophomores, were nevertheless very resourceful in helping us to articulate a vision about empowering students at every opportunity,” said Director of Curriculum and Instruction Mary Ellen Phelan.



(above) The TEDx event, was the brainchild of 2017 WHRHS graduate Vineet.



(above) WHRHS Rising Junior Jordyn was one of the guest speakers at Youth@WHRHS. She spoke about empowerment. Among her many activities at WHRHS, she also plays on the Tennis Team and writes for The Arrowhead, the student newspaper.

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WARRENBROOK SENIOR CENTER EVENTS

“Drumming Circle and its Health Benefits” by Sharon Silverstein, Living at peace
August 14 – 10:30 am.

A Drumming Circle feeds the mind, body and spirit. It's an ancient approach that uses rhythm to promote healing and self-expression. Drumming has been known to induce deep relaxation, lower blood pressure and reduce stress. Drumming has also been used as a form of communication and community building. The lecture portion of the program has open attendance. Advanced registration is required for participation in the inner drumming circle, which has a 20 person maximum. Other percussion instruments will be provided for the outer circle, for an additional 25 participants.

“Food Too Good To Waste” by Chante Glenn, MA, Program Coordinator, Family & Community Health Sciences, Rutgers Cooperative Extension.
August 21 – 10:30 am.

This is a PowerPoint presentation discussing how to save money by avoiding food waste. The issue of food waste is one that begins well before the home. Chante will share some strategies for shopping, proper storage and different uses for leftover foods. .

“Build a Better Breakfast” by Jessica Guarnieri, Registered Dietitian, ShopRite/Wakefern.
August 22 – 11:00 am.

Shake up your breakfast routine! She'll show off some protein and fiber packed meal ideas that will help to keep you full and satisfied all morning long.

“Carnival of Sound”, Roman Carnival Overture, by George Marriner Maull, Artist Director of the Discovery Orchestra.
August 28 – 10:30 am.

Composed in 1844, it is a stand-alone overture intended for concert performance, made up of material and themes from Berlioz's opera Benvenuto Cellini. Join us as George takes us through the blueprint of this overture and teaches listening skills that will help the attendees to connect with classical music.

RESIDENTS INVITED TO JOIN ADULT BOOK DISCUSSION GROUP

One Thursday per month library patrons meet at SCLSNJ's Watchung Library branch to talk books. Participants Rhonda Sanderson of Watchung, Jim Schlenker of Watchung, Elissa Matthews of Warren, Dorothy Wright of Greenbrook, SCLSNJ staffer Elaine Stringer of Watchung, and Richard Yee of Warren, discussed "The Left Hand of Darkness" by Ursula K. Le

Guin at the July session. On September 14 at 7:30 p.m., the group will be discussing "Minding the Manor: The Memoir of a 1930s English Maid" by Mollie Moran. On November 9 at 7:30 p.m., the group will be discussing "Where the River Bends: The Story of a Tragedy" by local author Elissa Matthews, followed by a presentation by the author. To learn more visit SCLSNJ.org.



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TREAT IT AND BEAT IT

by Jyotsna Thapar, DPM

For some individuals, removing their shoes can be embarrassing because they suffer with foot odor. With over 250,000 sweat glands generating a pint of sweat daily, unless there is an evaporation option, bacteria that live on the skin in that area will ingest the sweat and produce the "isovaleric acid" that causes foot odor. Another possible culprit is a fungus that causes a skin infection, commonly referred to as athlete's foot. Poor hygiene and over-wearing shoes and socks may also result in foot odor. Washing with antifungal foot soap; applying antibacterial foot powder; and wearing clean socks and dry, breathable foot wear daily can all help alleviate a foot odor issue. If you have foot odor, see your podiatrist.

The entire staff at ANKLE & FOOT SPECIALIST OF NJ, LLC, is pleased to welcome you to our column. Of considerable significance in caring for feet of any age, or any gender, is choosing the right podiatrist. Bearing in mind how much our feet do for us, the least we can do is to provide them with a comfortable environment, preventive care before problems occur, and professional care when they do. Comprehensive, compassionate foot care is available at:

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IMAGINE WELCOMES NEW VOLUNTEERS

On July 7-10th for 32-hours 16 new volunteers were trained to take on a year-long commitment at Imagine, A Center for Coping with Loss as volunteer facilitators. The training is delivered by Imagine clinical staff who model how to provide support using mirroring and reflection and by immersing the volunteers in the experience of a support group. "The training was so rich and gave me a true sense of how to facilitate as well as the value in the work we do," said one newly trained facilitator, Maria Mujica.

"Volunteers are the heart and soul of Imagine and we could not be more grateful to all of the people who take on this commitment," said Mary Robinson, Imagine Executive Director.

"Since moving into our new space (244 Sheffield St., Mountainside, NJ) we have grown quickly as anticipated," said Mandi Zucker, Imagine's Program Director. "These new

volunteers mean we can start a fifth Night of Support in September serving 60 additional children and adults without having to place anyone on a waiting list. We now provide support groups on Mondays, Tuesdays and Wednesdays, offering more choices and flexibility to the participants that need it."

Imagine offers free year-round grief support groups for people ages 3-30 as well as parents/guardians of the children who have had a parent or sibling die, and for people coping with a family member with a terminal or chronic illness. Support groups meet on weekday nights for an hour and a half. Dinner is provided prior to the group meeting.

To schedule an orientation for yourself or your family, or for more information about volunteering, please contact Imagine at 908-264-3100 or info@imaginenj.org.



(above, back row) Kathy Vergel (Westfield), Nina Carnavale (Caldwell), Florence Wilcox (Watchung), Meredith Stick (Westfield), Remy Davis (Basking Ridge), Monica Rodriguez (Union), Alayne Morgenthal (Westfield), Beth Rakin (Warren). (front row) Kathy Dulan (Westfield), Elizabeth Savnik (Bound Brook), Mandi Zucker (Westfield), Dorothy Jean Jones (Piscataway), Juliann Satz (North Brunswick), Jacqueline Miller (North Plainfield), Anna Berman (Warren), Veronica Ortiz (North Plainfield), Mackenzie Kuhl (Westfield), Maria Mujica (Union).

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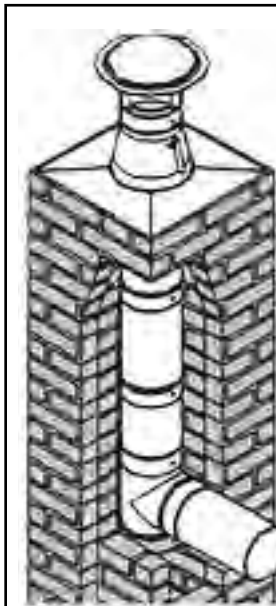
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completely independent, hence the name. Many of our Independent Living residents continue to drive and there is free parking for them.

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- You are in the company of fellow seniors who also have their own apartments and who value making new friends
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Finally, there's nothing more important than family and friends. People who choose Chelsea Independent Living value visits from their children and grandchildren who live nearby and new friends who live down the hall. There's a certain pride in hosting visits in your own apartment, furnished with the personal things that make it your home. Keepsakes that include family photos in special frames, souvenirs of your travels and crafts made by your grandkids all contribute to that special place that is your Independent Living apartment at The Chelsea at Warren.

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LIBRARY SUPER READER

Kaushikk, 7, of Watchung, reached her 24th day in the Library summer reading program. Kaushikk was excited to pick her prize and fill out her raffle ticket, but she was more excited about getting her picture taken for the Library's super reading screen display. So far this summer, 2123 adults, 1822 teens, and 4383 children have enrolled in SCLSNJ's Summer Reading Challenge. Adults have logged over 4000 books read. And children and teens have logged over 43,000 days read. There is still time to sign up. Challenge yourself this summer with SCLSNJ: sclsnj.beanstack.org/reader365.



COOK BOOKS FOR SALE

Thanks to several generous patrons of the Watchung Library, Second Story Books (the Friends of the Watchung Library's new and like-new bookstore) has hundreds of cookbooks for sale. Shown here are a few of the cookbooks available, displayed in the vestibule of the library.

PATRONS MEET THERAPY HORSE ALEXANDER THE GREAT

On July 11, over 50 Library patrons at SCLSNJ's Warren Township Library branch had the opportunity to meet Alexander the Great. Attendees first listened to a story, "My Friend Chief," about a full-sized Appaloosa named Chief who lives at Hope's Promise Farm. Then children and parents were allowed to visit with Chief's friend and co-therapy horse, Alexander the Great.



(above) Wren Torley, age 3, of North Plainfield alongside Alexander the Great.

WATCHUNG LIBRARY BRANCH PROGRAMS

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PROFESSIONAL DEVELOPMENT IN WATCHUNG

Watchung Borough teachers were hard at work reflecting on their Learner-Active classrooms during a six-day workshop held over the Summer vacation.

In LATIC (Learner Active Technology Infused Classrooms), data based, student-driven environments are key for continued student achievement.



(above l-r) John Primeau Physical Education Teacher; Caitlin Basile, Special Education Teacher; and Michele Klier, 3rd Grade Teacher.



(above) Carissa Stanczak, Special Education Teacher.



(above l-r) Chris Mehl, Social Studies Teacher; and Kristina Franko, Science Teacher.

HAPPINESS AT WATCHUNG LIBRARY BRANCH



On June 29, the Friends of the Watchung Library sponsored a happiness workshop at SCLSNJ's Watchung branch. Presenter Ginny Sassaman, president of Gross National Happiness USA, discussed proven tools and strategies that would help individuals to feel better, to thrive in daily life, and to become more effective in relationships. All attendees left the event smiling ... happily!



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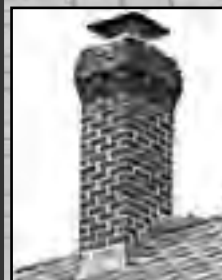
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www.watchungnj.gov

MOVIE IN THE PARK

PRESENTING

"The secret life of pets"

September 8th (Rain date Sept. 15th)

8:00 PM

AT Phillip's field

event run in conjunction with the watchung p.t.o. ice cream social which starts at 6:30 pm

GERALD M. MOBUS MEMORIAL FISHING DERBY

September 16th

from 9:30 am - Noon

(Rain Date Sunday September 17th)

@ Watchung Lake

Tackle and bait, Refreshments, Trophies and Prizes Must bring your own fishing pole!

Free event for all Watchung Residents!

HARVEST FESTIVAL

Oct. 28th 1:00 pm - 4:00 pm

@ Mobus Park (Rain Date Oct. 29th)

Music, Giant Hay Stack, Rides, Inflatables, Hot Chocolate and CIDER, Hot Dogs, Popcorn, Cotton Candy, hot pretzels, Sand Art, Face Painting, Pumpkin Painting, Costume Contest, teen games and activities, Prizes and entertainment!

Free event for all Watchung Residents!

YANKEE GAME TRIP

for details go to www.watchungnj.gov



Warren Township

Recreation Commission



Our Fall Tennis Professional Tennis Pro, Steve Levin

Steve Levin has been a Warren resident since 1998 and is happily married with three children. He has been teaching tennis for over 30 years and has been running the Warren Recreation program for 10 years. He is currently one of the pros at Round Top swim and Tennis Club in Warren and has previously been a pro at Center Court in Chatham, Ashbrook Tennis Club in Edison, and South Plainfield Tennis Club. His goal is to introduce children and adults into the sport of tennis with the quick start tennis method for under 10, which makes tennis easier to learn and more enjoyable to play. To contact Steve, please email him at SLevin530@optonline.net or call him on his cell 1-908-338-3366.

Register for 8 week Fall session.

Registration is opened for Warren Residents and Watchung and Green Brook residents.

There is one 8 week (55 Min) sessions for ages 4-adult.

Classes begin Sept. 11 with a registration deadline of Sept. 11 at 10:00 AM.

RAINOUTS WILL be on Thursdays or if you work it out with the instructor first to go to another class. Instructor/Student ratio 1-8 for ages 4-6, 7-10. Instructor/Student ratio 1-10 for ages 9-adult. Sorry, no refunds. REGISTER online with a credit card: <http://warrennj.org/youth-2/>

Questions? emurfitt@warrennj.org or 908-753-8000 ext. 270



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ALL STUDENTS REQUIRED TO RE-REGISTER BEFORE FALL

A Message from the Watchung School District

All parents/guardians are required to complete a re-registration packet for their child or children who will be attending borough schools this fall, and finalize the process in person before 3 p.m., Wednesday, Sept. 6.

Kindergarten students who have registered have already provided this information, according to Superintendent Barbara Resko.

"This summer, the district is conducting a re-registration process to be in compliance with N.J.S.A. 18A:38-1 and N.J.A.C. 6A:22," said Resko. "In addition, this process aligns with the district's initiative to increase safety and security measures."

Resko said re-registration is being done to make sure that all student contact information has the most current information.

The school district wants to be able to reassure taxpayers that only students residing in the

district are getting the benefits of attending Watchung public schools, Resko said.

This re-registration process was last conducted four years ago in the summer of 2013.

The process of re-registering all students is both time and labor intensive, Resko said, so it made sense to administrators to conduct the re-registration during the summer, when schedules are lighter.

Plus parents have all summer to re-register. The process opened on Tuesday, June 27.

When parents/guardians have gathered and completed all of the necessary information, they are asked to visit the Main Office at Bayberry Elementary School to finalize the re-registration process.

"Mike Vignola and/or John Primeau will be available from 9 a.m. to noon, and 1 to 3 p.m., Tuesday through Thursday all summer to assist

with this process," said Resko. "For your convenience, we will be open on Wednesdays in August from 6:30 to 7:30 p.m. by appointment only. Please call the Main Office at (908) 755-8184 to schedule an evening appointment."

The following information is required when re-registering: Completed registration form; Original Birth Certificate and/or Passport for each child; and Proof of Residency.

Parents/guardians must use original documents for proof of residence, and only the parent/guardian may register their child and must provide photo identification when registering.

The Watchung Borough School District requires the student to be registered by natural For more information, parents/guardians can contact the main school office at (908) 755-8184 to speak with Mike Vignola with questions or concerns.

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ALEXANDRA BENC'S GOLD AWARD PROJECT

Alexandra Benc is a lifelong resident of Watchung working toward her Gold Award in Girl Scouts. A 2017 graduate of Watchung Hills, Alexandra earned her Bronze Award in scouting in elementary school and her Silver Award while a student at Valley View Middle School. The Gold Award is the highest achievement within the Girl Scout organization. The project requires a minimum of 80 hours of work in planning and completing the Scout's vision, and the project must provide a sustainable, lasting benefit to the target community. Only 5.4% of eligible Girl Scouts successfully earn the Gold Award.

In considering many different project ideas, Alexandra decided to pursue one that would benefit the local community, combining her love of history and community service by creating a driving scavenger hunt with stops at various historical sites in Watchung. She began her project by visiting with local historians at the Texier House in the fall of 2016. While talking with members of the historical committee, Alexandra learned that the reproduction outhouse on the site of the Texier House needed a few small repairs and repainting. With the help of Michelle DeRocco, Borough Clerk, and Bob Burns, head of the Watchung Public Works

Department, paint and supplies for the project were obtained and work got underway during the first week of summer vacation. A team of Boy and Girl Scouts as well as friends led by Alexandra cleaned and painted the outhouse. Repairs to the inside of the structure were made by Tim Logan, a fellow Watchung resident, who offered to lend a hand when he heard about the project. Two local businesses, Dunkin Donuts of Watchung and Dominos of Warren, generously donated food and snacks for the volunteer team.

Work is underway on the final portion of the project, the driving scavenger hunt. Once the project is complete, groups of scouts and other young people will be able to follow a pre-planned, environmentally-friendly route through Watchung that will stop at important sites including Wetumpka Falls, God's Acre, the Arts Center, and, of course, the Texier House and outhouse. Once Alexandra's Gold Award project is completed by the end of the summer, she will meet with the local council for a review of her final project results and report.

Alexandra has been accepted to James Madison University in Harrisonburg, Virginia, where she will major in political science. Aside from her Girl Scout activities, she and her family



(above) Alexandra "after photo"

are also active library volunteers and supporters. She was awarded two local scholarships for community service: The L. Suzanne Kenney Memorial Scholarship provided by the Watchung Schools PTO and the Artie Jacot Family Memorial Scholarship provided by the Watchung Exempt Firemen's Association, Inc. In addition to community service activities, Alexandra is a classically trained ballet dancer who has studied dance at Washington Rock Dance (formerly The Dance Express) for sixteen years. She is a member of the National Dance Honor Society. Academically, she is an AP Scholar and Honor Roll student.



(above) One important component of a Girl Scout's Gold Award project is that she must lead a team of volunteers. Pictured are local community members (friends, fellow Scouts, and siblings) who were on Alexandra's volunteer team.



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APPETIZERS

- Fried Veggie Mini Rolls (4 pcs)** 4
- Shumai (6 pcs)** 5
Steamed or fried Japanese shrimp dumplings
- Edamame** 5
- Indian Pancake w. Chicken Curry Dipping** 6
Extra pancakes are \$2 each
- Vietnamese Pork Spring Roll (4 pcs)** 6
- Gyoza (6 pcs)** 6
Choice of steamed or pan fried
- Crystal Dumplings (6 pcs)** 7
- Chicken Skewers (3 pcs)** 7
Marinated, char-grilled, serve w. peanut, satay dipping
- Fried Crab Cheese Wonton (6 pcs)** 6
- Peking Duck Steam Buns (2 pcs)** 8
- Lettuce Wrap** 10
Choice of chicken or tofu, stir-fried w. basil, onion, chili pepper, pineapple, fresh lime juice, served w. lettuce leaves
- Hawaii Shrimp Roll (2 pcs)** 8
Shredded mango, jicama, avocado and crispy shrimp, wrapped in roti pancake, served w. special sauce
- Summer Roll (2 pcs)** 5
- Calamari** 8
Battered calamari rings, deep fried to crispy, served w. citrus mayo dipping
- Rock Shrimp** 10
Battered rock shrimp fried to golden crispy, w. citrus mayo dipping

SOUPS AND SALAD

- Wonton Soup** 3 / 5
Cup / Bowl
- Hot and Sour Soup** 3 / 5
- Lemongrass Seafood Soup** 6 / 10
Shrimp, scallop, crab meat, prince mushroom, vermicelli and coconut milk
- Spicy Mango Salad** 7
Shredded mango, jicama, crispy vermicelli and crushed peanuts in sweet chili sauce
- Avocado Salad** 6
- Seaweed Salad** 5
- Grilled Chicken Salad** 9
- Grilled Salmon Salad** 10

VEGETARIAN

Lightly sauteed and served w. white rice

- Mixed Veggies** 10
- Broccoli** 10
- Mushroom and Tofu** 11
- Baby Bok-Choy** 10
- String Beans** 10

NOODLE AND RICE

- Ye's Stir-fried Rice Noodles** 11 / 12 / 13 / 14
Vegetable / Chicken / Beef / Shrimp
Stir-fried w. dry tofu, onion, pepper and bean sprouts, top w. peanuts
- House Pineapple Fried Rice** 11 / 12 / 13 / 14
Vegetable / Chicken / Beef / Shrimp
Stir-fried w. pineapple, corn, onion, bell pepper, carrots and raisins
- Vietnamese Basil Fried Rice** 11 / 12 / 13 / 14
Vegetable / Chicken / Beef / Shrimp
Stir-fried w. onion, bell peppers, basil, peas, carrots and corn
- Yaki Udon** 11 / 12 / 13 / 14
Vegetable / Chicken / Beef / Shrimp
Stir-fried w. baby bok-choy, onion, bell peppers and carrots
- Singapore Vermicelli** 11 / 12 / 13 / 14
Vegetable / Chicken / Beef / Shrimp
Stir-fried w. onion, bell peppers, bean sprouts and egg
- Classic Fried Rice** 11 / 12 / 13 / 14
Vegetable / Chicken / Beef / Shrimp
Stir-fried w. egg, onion, peas and carrots
- Roast Duck Egg Noodle Soup** 12
- Seafood Udon Noodle Soup** 13

PHO

Pho starts with fragrant broth which is made fresh daily. The aromatic broth made by simmering light, quality meat, beef knuckle bones, served with fresh flat rice noodles, and topped with your meat selection, also fresh Asian herbs and spices.

- Pho Dac Biet** 13
This Pho bowl is packed with rare eye round steak, well-done skirt flank, soft tendon, and beef bolts. It's a different texture in every bite.
- Pho Tai** 12
A layer of thin rare eye round steak is cooked by the beef broth right in your bowl, bringing out the sweetness & tenderness of beef slices in to each bite.
- Pho Bo Vien** 11
Seasoned beef and soft tendon meat balls cut into bite-size portions further creamed on undertone of sweetness to the already fragrant beef broth. It is a favorite among children.
- Pho Tom** 13
Plum shrimp are topped over beef broth, low in calories but amazing in taste.
- Pork Chop** 12
Selected pork chop marinated in lemongrass special sauce
- Grilled Chicken** 12
Selected chicken breast marinated in lemongrass special sauce

VERMICELLI OR RICE ON PLATE

Vermicelli or rice dish with lettuce, tomato, cucumber and roasted peanuts and fried onion, served with homemade chili lime sauce.

- Vietnamese Grill Chicken** 12
- Vietnamese Grill Pork Chop** 13
- Vietnamese Grill Shrimp** 14
- Pork Spring Roll** 10

☞ Indicates choice of mild, medium or hot, seasoned to your taste.
☞ Gluten Free options are available.
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- Teriyaki Chicken / Beef / Shrimp / Salmon** 13 / 16 / 16 / 18
- Crispy Chicken Cutlet** 13
Breaded chicken breast deep fried to golden crispy, w. chef special sauce
- Tropical Mango Chicken / Shrimp** 13 / 15
Fresh mango, onion, bell peppers, prince mushroom and sweet peas, sauteed w. spicy sweet mango sauce
- Sangria Crispy Duck** 20
Crispy duck glazed w. fruity red wine sauce over baby bok-cho
- Vietnamese Basil Tofu / Chicken / Beef / Shrimp** 13 / 13 / 15 / 15
Sauteed w. eggplant, prince mushroom, onion, sweet peas and fresh basil leaves w. spicy basil sauce
- House Green Curry Tofu / Chicken / Shrimp** 12 / 13 / 15
Broccoli, eggplant, prince mushroom, onion and bell pepper cooked in green curry sauce
- Korean Grilled Baby Back Ribs** 20
Marinated short ribs, grilled in Korean style
- Crispy Tangerine Chicken / Beef** 13 / 15
Seasoned chicken shreds fried to crispy and glazed w. tangerine sauce
- XO Sauce Chicken / Shrimp / Sea Bass** 13 / 15 / 26
Sauteed w. sweet peas, broccoli, prince mushroom and onion
- Seafood Pan Fried Noodles** 20
Shrimp, scallop, crabmeat, squid, prince mushroom sauteed w. house special brown sauce, over crispy fried noodles
- Butter Shrimp** 18
Jumbo shrimp sauteed w. chef's special sauce, served w. fried black kernel rice
- Char-Grilled Chilean Sea Bass** 26
Served over steamed mixed veggies w. miso-orange sauce
- Mandarin Fish** 18
Fresh red snapper lightly breaded to golden crispy w. sweet peas, pineapple, onion and bell peppers over special spicy sauce
- Hot and Spicy Chicken / Beef** 13 / 15
Onion, bell peppers, prince mushroom, sweet peas, stir-fried w. chef special sauce
- Crispy Cumin Lamp Chop** 26
Lightly breaded flash-fried golden brown w. peppers and onion
- Indian Curry Chicken** 13
Broccoli Chicken / Beef / Shrimp 12 / 13 / 14
Garlic Chicken / Beef / Shrimp 12 / 13 / 14
General Tso's Chicken / Shrimp 13 / 15
Sesame Seed Chicken / Shrimp 13 / 15
Szechuan Chicken / Beef / Shrimp 12 / 13 / 14

DESSERT

- New York Cheese Cake** 5
- Green Tea Ice Cream** 5
- Mango Sorbet** 6
- Coconut Sorbet** 6
- Tiramisu** 6
- Mochi Ball Choice of Flavors:** 4

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Mon.-Sat.: 11:30 am - 3:00 pm
Choose a side: wonton soup or hot and sour soup or veggie spring roll.

ENTREES

Choose rice: white rice, fried rice or brown rice.

- Teriyaki Chicken / Salmon** 9 / 10
- Crispy Chicken Cutlet** 9
- Tropical Mango Chicken / Shrimp** 9 / 10
- Indian Curry Chicken** 9
- Vietnamese Basil Chicken / Beef / Shrimp** 9 / 10 / 10
- House Green Curry Tofu / Chicken / Shrimp** 9 / 9 / 10
- Crispy Tangerine Chicken** 9
- Broccoli Chicken / Beef / Shrimp** 9 / 10 / 10
- Szechuan Chicken / Beef / Shrimp** 9 / 10 / 10
- Garlic Chicken / Beef / Shrimp** 9 / 10 / 10
- Sesame Seed Chicken** 9
- General Tso's Chicken** 9
- Sauteed Mixed Veggies** 8
- Sauteed String Beans** 8

NOODLE AND RICE

- Ye's Stir-fried Rice Noodles** 9
Vegetable / Chicken / Beef / Shrimp
- House Pineapple Fried Rice** 9
Vegetable / Chicken / Beef / Shrimp
- Vietnamese Basil Fried Rice** 9
Vegetable / Chicken / Beef / Shrimp
- Yaki Udon Vegetable / Chicken / Beef / Shrimp** 9
- Singapore Vermicelli** 9
Vegetable / Chicken / Beef / Shrimp
- Classic Fried Rice Vegetable / Chicken / Beef / Shrimp** 9
- Roast Duck Egg Noodle Soup** 12
- Seafood Udon Noodle Soup** 13

VERMICELLI OR RICE ON PLATE

Vermicelli or rice dish with lettuce, tomato, cucumber and roasted peanuts and fried onion, served with homemade chili lime sauce.

- Vietnamese Grill Chicken** 9
- Vietnamese Grill Pork Chop** 9
- Vietnamese Grill Shrimp** 10
- Pork Spring Roll** 8

DRINKS

Cold Drinks 16oz, Hot Drinks 12oz

- Bubble Tea (Cold)** 4
Free topping bubble, jelly or herb pudding (additional topping 50¢)
- Black Tea**
- Taro**
- Green Tea**
- Coconut**
- Strawberry**
- Mango**
- Chocolate**
- Almond**
- Bubble Tea (Hot)** 4
Free topping bubble, jelly or herb pudding (additional topping 50¢)
- Black Tea**
- Taro**
- Green Tea**
- Almond**
- Soft Drink (Can)** 1.25
- Coke**
- Diet Coke**
- Sprite**
- Fanta**
- Mountain Dew**
- Ice Tea**
- Flavored Tea (Cold)** 3.50
Rose Green / Black Tea
Passion Fruit Green Tea
Honey Green / Black Tea
Lychee Black Tea
Grapefruit Green Tea
Lemon Green / Black Tea
- Flavored Tea (Hot)** 3.50
Rose Green / Black Tea
Honey Green / Black Tea
Grapefruit Green Tea
- Hot Tea (Per table)** 2.00
- Coffee (Cold or Hot)** 4
Coconut Mocha
Cappuccino
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Vietnamese Coffee
- Fresh Juice** 4
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