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POSTAL PATRON MOUNTAINSIDE, NJ 0709

ITEMS SOUGHT FOR GARAGE SALE AT MOUNTAINSIDE'S HISTORIC HETFIELD HOUSE

In conjunction with the Mountainside Newcomers' Club town-wide garage sale on Saturday, September 16th (9 a.m. – 2 p.m.), the Mountainside Restoration Committee will participate with a huge yard sale to raise funds for the restoration and maintenance of the historic Hetfield House and Levi Cory House. A rain date of September 17th is planned. The Committee is asking the community to donate salable items for this sale. So, if you need to clean out your belongings and don't want to hold a garage sale of your own, bring it all down to the Hetfield House and the Mountainside Historic Committee will sell it for a good cause. Donated salable items can be brought to the Hetfield House on Thursday September 14th and Friday September 15th between 9 a.m. and 4 p.m. Receipts are available for donations.

The Deacon Andrew Hetfield House and Levi Cory House are located at Constitution Plaza adjacent to the Mountainside Library. Constitution Plaza is the first right off Birch Hill Road which is off New Providence Road near the Mountainside Volunteer Fire House. The Mountainside Restoration Committee is a committee of volunteers governed by the Borough of Mountainside whose purpose is to restore and maintain the Deacon Andrew Hetfield House and the Levi Cory House and collect and save historic information and items from destruction.

For further information or to donate funds, please call (908)789-9420 or go to: www.mountainsidehistory.org.



(above) Participation in the Mountainside Newcomer's Club garage sale fundraiser at the Deacon Andrew Hetfield House is an annual success. This year, donated items are being accepted at the Hetfield House on September 14 & 15 (9 a.m.-4 p.m.) for the September 16th Garage Sale. Proceeds from the sale will help fund the restoration of the Levi Cory House.

MULTI-FAMILY TOWN WIDE MOUNTAINSIDE GARAGE SALE

SEPTEMBER 16 / 9am - 2pm

(rain date Sept 17) NO EARLY BIRDS!



at the Mountainside Library

(1 Constitution Plaza) and Borough Hall (1385 Route 22 East)

3,142

Print maps the night before by searching Facebook for "Mountainside Newcomers Events."

PLACE YOUR AD IN THIS SPACE!

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Mountainside View is published by Renna Media. 2,800 newspapers are printed monthly and mailed to every business and resident in Mountainside.

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PROMOTE YOUR COMMUNITY EVENT

Community service organizations, schools and sports teams are encouraged to submit news of upcoming events or highlights and photos from recent events.

Organizations who are interested in submitting content, please email: editor@rennamedia.com

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HETFIELD HOUSE ANNUAL FALL MUM & PLANT SALE

Fall season is here when Mountainside's Historic Restoration Committee holds its Annual Fall Mum & Plant sale at the Historic Deacon Andrew Hetfield House. This year's sale will take place from Thursday, September 14th, through Sunday, September 17th, from 9 a.m. - 4 p.m. while supplies last. The Committee's plant experts travel to the grower and hand-select each and every plant for sale. The mums are the best you can get and, because they eliminate the middleman, the prices are very competitive. Stop by the Hetfield House from Thursday through Sunday to get a long-lasting punch of fall color

for your home and landscape. Come early for the best selection.

The Deacon Andrew Hetfield House is located at Constitution Plaza (Watchung Ave., off Birch Hill Rd.) adjacent to the Mountainside Library. The Mountainside Restoration Committee is a committee of volunteers whose purpose is to restore and maintain the Deacon Andrew Hetfield House and the Levi Cory house and collect and save historic information and items from destruction.

For further information, please call (908)789-9420; or, go to: www.mountainsidehistory.org



(above) Plant experts from the Mountainside Historic Committee visit the grower to hand-select mums to be sold at their Annual Fall Mum & Plant sale to be held at Mountainside's Deacon Andrew Hetfield House on Thursday, Sept. 14th through Sunday, Sept. 17th from 9am – 4pm. Shop early for the best selection.

MOUNTAINSIDE ACTIVE RETIREES

Tuesday, October 3, 2017

CRYSTAL POINT YACHT CLUB

Point Pleasant, New Jersey

"CIAO BELLA!" starring Vincent Talarico

"Ciao Bella!" has been a tradition for the past 7 years at Crystal Point. Featuring the songs of Mario Lanza, Luciano Pavarotti, Andrea Bocelli, Placido Damino, Dino, Louis Prima and more. Songs featured "Mama" "Be My Love" "Pagliacci" "Finiculi" "Finicula" "La Donne Mobile" and "Nessun Dorma"

| Please return by September 12, 2017 with check payable to MAR to Norma Huber (908) 233-763 111 Parkway, Mountainside, NJ 07092 | | | | |
|--|------------------------------|--|--|--|
| Name: | | | | |
| Phone Number | | | | |
| Number of Reservations:x \$ | | | | |
| | Total \$ | | | |
| Check choice of entrée: | | | | |
| | Prime Rib | | | |
| | Panko Encrusted tilapia | | | |
| | Chicken Parmesan w/Spaghetti | | | |

Choice of entrée is final, sorry cannot change day of event. You will be assigned a table, please do not attempt to change tables.

BUS LEAVES
MOUNTAINSIDE POOL AT
10 a.m. sharp
Cost \$45.00/pp

MENU SELECTION: Must choose one of the following items:

Prime Rib with Aujus served with Vegetable and Roasted Potatoes

or

Panko Encrusted Tilapia served with Vegetable and Roasted Potatoes

Chicken Parmesan with

Spaghetti on the side
Each entrée is served with Fresh Mixed
Garden Salad and Baked rolls

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GLHS INTERACTORS RETURN FROM RYLA

Each year, the Berkeley Heights Rotary Club confirmed. sponsors two GLHS Interact student service club officers to attend RYLA. This year, the RYLA scholarships went to Rebecca Henderson and Grace Pitingolo.

Becca and Grace visited with the Berkeley Heights Rotarians at the club's regular meeting and reported on their weekend-long experience on the campus of Drew University, in Madison. The weekend, they said, was filled with icebreakers, team-building challenges. fellowship, and meeting and making new Interact and Rotary friends. "It was a more special weekend for us and for the more than forty other Interact leaders from north-central New Jersey that we could ever have imagined!" They both

RYLA--for Rotary Youth Leadership Awards--is a youth leadership development and team-building weekend held each year for 10thand 11th-grade high school students

The Interact Club at Governor Livingston HS is jointly sponsored by the Berkeley Heights and the Mountainside Rotary Clubs. The Interact Club at GLHS has over 250 members, making it one of the largest, and also most active, in the state, and arguably the most popular club at the high school. In addition to Rotary Club sponsorship, the Interact Club is guided by two exceptional faculty advisors: Doreen Ladinski and Sharon Leahy, both honorary members of the Berkeley Heights Rotary Club.



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(above l-r) Tiffany Escott, Past Club President; Becca Henderson and Grace Pitingolo; Jim Ramentol, Club President.







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- Jesse Jackson

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MOUNTAINSIDE BOY SCOUT TROOP 177 SUMMER CAMP



Mountainside Boy Scout Troop 177 attended Summer camp at Winnebago Scout Reservation during the week of July 24. Hard work and lots of fun earned the scouts a collective 70 merit badges for the week.

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LAW EXPLORER POST 629 ACCEPTING **NEW MEMBERS**



returning to school and choosing their after any political affiliations, and all members must school activities. Law Explorer Post 629, now on be open minded and accepting of all people. its seventh year, is gearing up for another year of exploring the field of law and government through trips, guest speakers, discussions and hands-on activities. Students who are interested in this career path or simply want to learn more about law and government are welcomed to sit in on one of the meetings and discover what the program is all about.

Law Explorer Post 629 is an after school

enrichment program where youth have the advantage of seeing and experiencing law and government in a captivating, age appropriate way. The program is open to Union County youth, ages 14 - 20. The youth Explorers meet in the Law Offices of Lucia E. Perpina, Esq., 629 North Wood Avenue, Suite 5, Linden, NJ on Friday nights, from 6:00pm – 7:30pm. In addition to its educational goals, Post 629 also offers fun outings during the year which may involve hiking, bowling, camping or other non-law related activities to foster teamwork and cohesion within the group. The youth are also encouraged to select and organize a year-long community project (relating to law and/or government) in which all the members will take an active role. It is that time again when students will be Post 629 is not a political group, does not have

Post 629's adult volunteers welcome the opportunity to speak with parents and youth about the program prior to making any commitments regarding membership in the program. If you are interested in the program, you may call (908)718-5877 or simply stop by on a Friday evening. Weekly meetings have already begun and the program accepts members on rolling basis.



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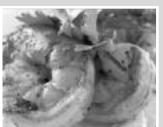
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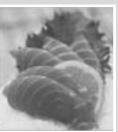
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| Kids 7-10\$5.99 | Kids 7-10\$7.49 | | |
| Kids 3-6\$3.99 | Kids 3-6\$5.99 | | |
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FRIDAY - SATURDAY

| Lunch 11am - 3:30pm | | Dinner 3:30pm - 10:30pm | | | |
|---------------------|--------|-------------------------|---------|--|--|
| Adult | \$7.99 | Adult | \$11.99 | | |
| Kids 7-10 | \$5.99 | Kids 7-10 | \$7.49 | | |
| Kids 3-6 | \$3.99 | Kids 3-6 | \$5.99 | | |
| 2 & Under | | 2 & Under | FREE! | | |

SUNDAY ALL DAY DINNER 11am · 10pm

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|-----------|---------|
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SEPTEMBER PROGRAMS AT THE MOUNTAINSIDE PUBLIC LIBRARY

The Mountainside Public Library is located at 1 Constitution Plaza, Mountainside, NJ. To register for these programs, stop into the library or call 908-233-0115.

The Mountainside Public Library has scheduled the following programs September. The library will be closed on Labor Day, Monday, September 4. We reopen on Saturdays, starting on September 9.

Tuesday Night Movies

Showtime for each movie is 6:30 p.m.

A Dog's Purpose (2017)

is our first movie of the month, showing on September 5.

A Dog's Purpose shares the soulful and surprising story of one devoted dog who finds the meaning of his own existence through the lives of the humans he teaches to laugh and love (PG).

Patriots Day (2015)

will be screened on September 12.

This account of the Boston Marathon bombing is the powerful story of a community's courage in the face of terror. In the aftermath of an unspeakable attack, police,

first responders and investigators engage in a race against the clock to hunt down the bombers before they strike again. Patriots Day captures the suspense of one of the most sophisticated manhunts in law enforcement history and celebrates the strength of the people of Boston (R).

The Accountant (2016)

is our offering on September 19.

Christian Wolff (Ben Affleck), a math savant with more affinity for numbers than people, works as a freelance accountant for some of the world's most dangerous criminal organizations. When an accounting clerk (Anna Kendrick) discovers a discrepancy involving millions of dollars, Christian scrutinizes the books and gets closer to the truth as the body count begins to rise (R). Our final offering of the month on September 26 is

A Tale of Love and Darkness (2016).

A Tale of Love and Darkness is based on the memories of Amos Oz, growing up in Jerusalem in the years before Israeli statehood with Arieh, his academic father and Fania, his dreamy, imaginative mother. The terror of the war and running from home was followed by the tedium of everyday life, which weighed heavily on Fania's spirit. Unhappy in her marriage and intellectually stifled, she would make up stories of adventures to cheer herself up and entertain her 10-year-old son Amos (PG-13).

"Tea Knowledge – A Basic Tea Primer" Thursday, September 7 at 7:00 PM

Join Judith Krall-Russo for tips on buying, brewing, and storing tea for the professional and non-professional. You will discover the differences among teas and what countries are noted for their tea growing traditions. Learn what to look for when buying loose tea and tea bags. Did you know that each tea has its own recipe for brewing in order to bring out its best flavor and aroma? You will learn methods of properly brewing different teas as well as the correct storage methods to preserve the wonderful taste and aroma.

Opera on Film Series.

The very popular Friday Opera series, sponsored by the T. Robel Hill Foundation, returns for its sixth season on Friday, September 8 at 1:00 p.m.

Mena Clemson will be presenting Aida filmed in 1986 at La Scala in Milan. This film stars Luciano Pavarotti as Radames and Maria Chiara as Aida. The Chorus and Orchestra of La Scala is conducted by Lorin Mazzel.

Career Networking Group

Monday, September 11 at 6:30 p.m.

"Body Language for Interview Success".

Your body language may qualify (or disqualify) you for a position. If you are like most people, you probably spend hours preparing for interview questions and answers and no time on how to communicate most effectively. Yet body language is the most significant factor in influencing the interviewer. It is how the interviewer is making judgments and decisions about you. Science has shown that it is not what you say, but how you say it. More than 55% of communication is non-verbal suggesting it is imperative that it should be a part of your interview preparation. Alex Freund, "The Landing Expert," will show you smart body language techniques and how to align your verbal and body language cues for powerful, clear, concise

communication - for interviews and networking.

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"Guided Meditation for Inner Peace"

Thursday, September 21 at 7:30 p.m. Sally Younghans returns after a summer break for her monthly yoga series. Join us each month as we explore and experience the most talked about evidence based meditation techniques for inner peace, overall well-being and stress reduction. This month Sally Younghans will explore the Counting Breath Technique—a simple technique that you can access anytime, anywhere you need it. Immediately tap into your parasympathetic

nervous system to reduce anxiety and stress. "Saturday Musical Getaways":

"Peter Biedermann – Acoustic Guitar"

Saturday, September 23, 2:00-3:00 p.m.

Peter Biedermann, a solo instrumental guitarist based in Arizona, returns to the library for the third time. His hybrid style melds elements of American and European folk with jazz and blues shading underpinned by subtle ambient electronics. He will be focusing on pieces from his latest recording "Tales from the Desert" on a variety of 6 and 12 string guitars. He will take questions from the audience and will also be discussing the history and evolution of the steel string guitar. His CDs will be available for purchase. For more information, go to www.peterbiedermann.com.

"Author Visit: Matt Myklusch"

Saturday, September 30 at 10:00 a.m. Local (Westfield) author Matt Myklusch is known for his popular Seaborne and Jack Blank Series for kids who love adventurous reading. The San Francisco Book Review states that "Like Harry Potter and Luke Skywalker before him, Jack Blank is a mythic hero". Kirkus Reviews refers to Seaborne as "Nonstop swashbuckling action... High-seas adventure with surprising twists." Matt will talk about creating a hero's story, draw with the participants and sign books. More

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SENIOR SERVICES SEPTEMBER CLASSES

Get the latest information and events on our new webpage which can be found on www.Mountainsidenj.com under Departments, Senior Services.

FLORAL ARRANGING CLASSES

Learn to balance color while creating a beautiful centerpiece on

Wed, Sept. 27th at 1 pm

in the Community Room \$5/person. All seniors will be provided a vase and fresh flowers. Florist Julie DeMarco owner of Millburn Florist and Mountainside resident will be the instructor. Come to make your own floral arrangement. Call Kim Moriak 232-4406 to make a resvation. Make checks payable to Borough of Mountainside.

WATERCOLOR CLASSES

Join us for a series of 12 instructional classes Friday's starting Sept 15th at 10:30 am in Community Room at Borough Hall. Registration cost is \$30 for residents and \$50 for non-residents. Instructor KEN SCHWARZ will be leading the classes. He is a graduate of duCret School of Art, and has a career that spans over 45 years. Forms to register can be obtained at the Municipal Building or on the website under Departments, Senior Services.

Make checks payable to Borough of Mountainside. Call Kim Moriak at 908-232-4406 for more information.

ACRYLIC CLASSES

Join us for a series of 12 instructional classes Friday's starting Sept 15th at 12:45 pm in Community Room at Borough Hall. Registration cost is \$30 for residents and \$50 for non-residents. Instructor KEN SCHWARZ will be leading the classes.

SENIOR HEALTH AND FITNESS PROJECT HEALTHY BONES CLASSES

will be held on

Wednesdays starting Sept 20th and run through Dec 13th. Classes begin at 10:00 AM.

his class is a high-intensity low-impact exercise program designed for men and women who have, or are at risk of developing osteoporosis. The cost for the program is \$15 for Mountainside residents and \$72 for Non-residents.

Forms to register can be obtained at the Municipal Building or on the website under Departments, Senior Services. Please call Kim Moriak at 908-232-4406 for more information.

Come and try a FREE class.

FIT AND HEALTHY CLASSES

are held each

Friday from 9 to 10 AM.

Classes will begin Sept 22nd and run through Dec 15th. Classes will continue to be offered FREE of charge.

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BRAIN POWER EXERCISE CLASSES

are being introduced as a new fall class held on Tuesdays 1 pm beginning Sept., 19th through Dec 12th

\$5/person. There will be no class on Oct 10th. This class focuses on the fundamental connection between physical health and mental health. Each part of health directly impacts the other in both negative and positive ways.

The goal in Brain Power is to highlight the positive connections through a variety of activities that move the body and challenge the brain. Forms to register can be obtained at the Municipal Building or on the website under Departments, Senior Services. Please call Kim Moriak at 908-232-4406 for more information.

Come and try a FREE class.

CHAIR YOGA CLASSES

are being introduced as a new fall class held on Thursdays 12 noon beginning Sept. 21st through Dec 14th \$5/person. 1 hour class. Join us and learn how everyone is lowering their blood pressure, increasing their flexibility, reducing their feelings of anxiety and improving their health and mental wellness in so many ways--all while sitting in a chair! Forms to register can be obtained at the Municipal Building or on the website under Departments, Senior Services. Please call Kim Moriak at 908-232-4406 for more information.

Come and try a FREE class. Free BLOOD PRESURE SCREENINGS

are held on the

2nd Tuesday of every month, from 9:30 to 10:30 AM in the Municipal Building. No reservation is necessary.

SAGE ELDERCARE provides FREE planning and programs to help assist in providing for our frail, or at risk seniors who reside in Mountainside.

This is possible due to a grant through the Watts Foundation. If you know of or are an elderly person or their caregiver, please call Sage at 908-598-5552 or Kim Moriak at 908-232-4406 to see if you may benefit from this service.

SENIOR SUPPER CLUB - NEW VITALITY MEMBERS

New Vitality is your source for healthy and wellness programs designed specifically for adults 65+ by your partners in fit living at Overlook Medical Center. The membership includes FREE classes. Summit Grill Cafeteria at Overlook Medical Center 4th floor is offering a great meal and an opportunity to socialize with other Seniors

Every THURSDAY, 4:30 to 6:30 pm

\$5 for 3-course meal and Free parking in West Garage when you present your membership card (available at the Information Desk at Overlook Medical Center).

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SERVICES

SENIOR CITIZEN HANDYMAN PROGRAM

This program is for Mountainside senior citizens 62 or over who own their home and need minor repairs such as replacement of fuses, batteries, fixtures and light bulbs, remove or place A/C units in windows, move patio furniture, light carpentry, repairs to railings, stairs, locks, door handles, and light painting. It also includes, minor plumbing, such as replacement of washers, opening slow drains, leaking faucets, tub caulking, and more. To participate, a short application must be completed, which

Services or at Borough Hall. All information is confidential. For further information or to apply please call Kim Moriak at 908-232-4406.

can be found on the website under Departments, Senior

SENIOR TRANSPORTATION NEWS

Seniors 62 years or older may ride the senior van on Monday 9 AM- 2 PM, Tuesday and Thursday 9 AM- 2:30 PM.

No service will be provided on Wednesday's or Friday's. We have 2 excellent and reliable drivers. Food shopping trips are available by appointment on Tuesday and Thursday mornings only. Food shopping appointments must be made at least 1 day in advance. Pick up for shopping will start between

9:30 and 10 AM.

All other appointments such as doctors, hair dressers, post office, library, etc. can be made

Monday, Tuesday and/or Thursday starting at 9:30 AM.

These appointments must be made at least 2 days in advance. To schedule a ride, please call 908-232-2400 Ext. #238. Leave your name, telephone #, time of appointment, your address and the address of your destination. If there are any questions or problems, please call Kim Moriak at 908-232-4406.

Senior Club of Mountainside

meets the 2nd and 4th Friday of the month at 12 noon at Community Presbyterian Church with refreshments. The meetings are going to begin on Sept. 8th and run through Dec. 8th Join us to hear the "Happenings in Mountainside" with Mayor Mirabelli on

Sept 8th

at the Hilton Garden Inn, 304 Route 22W, Springfield at 12 noon Breakfast Buffet. RSVP to Eve Vitale 789-8568. On Sept. 22nd

enjoy lunch and learn about our new neighbors moving in - with Maria Owens from Arbor Terrace of Mountainside, the New Signature of senior living. Oct 27th

Sharon Morgan of Cranford Rehab & Nursing Center is going to explain what Sub-Acute 101 - what it is and what happens when you go into Sub-Acute.

A bus trip is planned for

Nov 17th

to Hunterdon Playhouse and stay tuned for information regarding the Christmas Party. We are always looking for people who are interested in participating. Dues are \$12 for the year. For more information about the club contact Eve Vitale at 789-8568.

MEETINGS

Meetings are held on the 2nd and 4th Tuesday of the month in the upstairs Community room at 10 a.m. All seniors are welcome to join in. Come out and make some new friends!

Dr. Gregory Scime

September 12

Professor of Music at Seton Hall and director of several Choirs in Maplewood and of a German choir

Mayor Paul Marabelli - What's Happening in Mountainside September 26

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ANNUAL "BARK-A-QUE" & DOG ADOPTION EVENT SEPT. 9

Meisel Park will 'go to the dogs' this year as Berkeley Heights-based Home for Good Dog Rescue brings its Seventh Annual "Bark-a-Que"



(above) Long-time Home for Good foster Simonti Choudhuri of Berkeley Heights, NJ, pictured with a puppy adopted at last year's "Bark-a-Que" has welcomed over 300 dogs into her home through Home for Good's foster program. Photo by Gail Ryan

& Dog Adoption Event to Springfield, NJ for the nearly 30 dogs with loving permanent first time on Sept. 9.

From 11 a.m. to 4 p.m., the pet-friendly event, which attracts up to 3,000 attendees each year, will feature rescue dog adoptions, food and merchandise vendors, family activities, professional photos, canine contests—including the annual 'Mr. and Mrs. Bark-a-Que' Costume Contest—and on-site prizes and giveaways.

"We're so thrilled to welcome our community to join us for a day of food and fun as we celebrate the more than 5,300 dogs we have rescued since our inception," Richard Errico, Home for Good's co-founder and treasurer, said. "We hope to see so many new faces in 2017 at our exciting new venue in Springfield."

In addition to welcoming the general public and all of Home for Good's adoptive families, "Bark-a-Que" hosts the rescue's largest adoption event of the year. In 2016, the festivities placed

(above) "Bark-a-Que" is a pet-friendly event attracting hundreds of dog owners each year.

Photo by Jessica Biamonte

households.

"We are committed to rescuing dogs from high-kill shelters throughout South Carolina and Georgia, nurturing them at our rescue facility in Aiken, SC, and transporting them northward to New Jersey for adoption," Errico explained.

As a 100-percent foster-based organization, Home for Good then places each animal with a volunteer family rather than in a kennel or shelter until adoption into a loving, permanent home.

"Seeing our dogs go to good families makes all the hard work worth it," long-time volunteer Anna Newmark of Warren, NJ said. "But even if you're not ready to adopt right now, 'Bark-a-Que' is definitely a great time for adults and kids of all ages. It's just a fun day for any pet lover!"

This year, Home for Good Dog Rescue is encouraging attendees to register early as "Barka-Que VIPs" by visiting www.HomeforGoodDogs.org. For a suggested donation to the organization's rescue mission, families can avoid the line at the park entrance on Sept. 9.

Home for Good Dog Rescue is a 100% fosterbased, non-profit 501(c)(3) dog rescue established in 2010 in Summit, NJ with offices in Berkeley Heights, NJ. We rescue homeless dogs from high-kill shelters in the South, which are overflowing with unwanted dogs on the brink of being euthanized. We socialize, care for, and provide them life-saving medical care at our property in Aiken, SC, transport them to our rescue in New Jersey, and nurture them in our network of foster families while they await adoption into loving homes - giving them a second chance at life.

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MOMS HELPING MOMS SEEKING DIAPER DONATIONS

25th- October 1st, 2017. Moms Helping Moms Foundation is a community-based not-for-profit organization that distributes diapers to babies

Diaper Need Awareness Week is September living in low-wage families in the New Jersey area. You can help by donating diapers or dollars to Moms Helping Moms Foundation www.momshelpingmomsfoundation.org.



(above) Thank you to the Killian and Wachtel families for their help in July in sorting some of the many diapers and donations to Moms Helping Moms!



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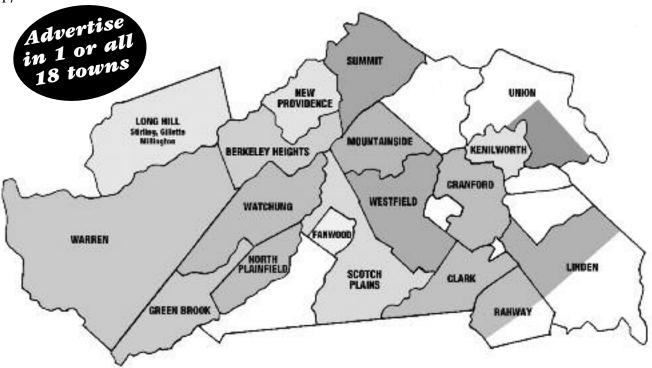
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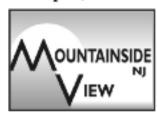


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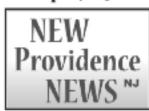
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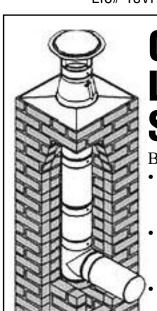
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