# Watchung Post

Watchung's Hometown Newspaper

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**ISSUE 55 • JUNE 2017** 



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#### **SCOUTS REACH NEW HEIGHTS AT CAMPOREE**

Members of Watchung Cub Scout Pack 32 enjoyed another fun-filled outdoors. The pack has spare equipment to loan family camping experience at the Watchung Mountain District Spring Camporee last month. Despite a dire weather forecast of a massive thunderstorm, those that made the short drive up to Mount Allamuchy Scout Reservation in Stanhope found instead cool temperatures and pockets of sunshine throughout the weekend. For most, this was their first time at Allamuchy. Which meant they got to experience a kid's zip-line, a huge rock wall, a wide open fishing dam, a rolling brook, and row boats in the picturesqe lake. Additionally, the Scouts kept busy playing carnival games on the parade field, shooting targets at the BB gun and Archery ranges, as well as exploring trails and climbing rocks around camp. After rehearsing throughout the day, the boys flawlessly performed their silly skit, called "Airplane Disaster," to laughter and applause from the packed house at the lakeside ampitheater. Before heading back to their site for some campfire time, they were privledged to witness the ceremonial retirement of an American Flag by the Boy Scout and Venture patrols on duty.

The Watchung Mountain District in the Patriot's Path Council holds two Camporees each year, one in the Spring and one in the Fall. Whether a scout and his family come up for just the day full of activities or decide to camp overnight, they always have a wonderful time in the great out for any family that wants to try out the overnight Camporee experience. If you or any of your friends are interested in learning more about the outdoor activities that the Cub Scouts do all send long, email pack32chair@gmail.com.



(above) Boy Scout Jacob W., from Troop 32, service over the campfire.



carefully and reverently retires a U.S. flag from



(above) The smiles on the faces of parents and scouts attest to the great time they had at the 2017 Spring Camporee.



(above) Bear Scout Kalvin G. making his way up the massive climbing wall.

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Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

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Renna Media welcomes the comments and concerns of its readers put into writing and sent via fax or email to:

Renna Media, LLC 202 Walnut Ave. Cranford, NJ 07016 Phone: 908-447-1295 Fax: 908-709-9209 Email: joerenna@rennamedia.com

#### **BAYBERRY SCHOOL KINDERGARTEN PLAY**



(above) The kindergarten students at Bayberry School, under the direction of teachers Mrs. Chrissie Miller, Ms. Krystle Cianci, Mrs. Jackie Schuler, and Mrs. Rachel Tolomeo, performed the play, "My View of the Earth" on Tuesday and Wednesday, April 24th and 25th for students, parents and other family members.

### **PROMOTE YOUR**

Community service organizations and sports teams are encouraged to submit news of upcoming events or highlights and photos on recent events.

who are interested in submitting content can email or call 908-418-5586



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#### 11TH ANNUAL PROJECT FABRICLAND WINNERS

Four young fashion designers won first prize in their age group at the 11th Annual Project Fabricland Fashion Show held on Sunday May 12 at the North Plainfield High School auditorium.

Modeled after the successful TV series Project Runway, each year Fabricland chooses a theme to inspire their students. This year the theme was 'Make it Iconic'. Students had to choose their favorite icon (Lady Gaga, Madonna, etc.) and create a diva inspired garment. A panel of local professional dressmakers chose the winners based on creativity, quality of sewing, fit, use of inspiration and a design board.

A crowd of over 200 people were entertained by the Mark Peterson Band. NJ's own Helen Castillo from Project Runway (season 12 and All-Stars season 4) presented the awards. Ticket proceeds of \$1,000 were donated to Dress for Success whose mission is to empower women to achieve economic independence by providing a network of support, professional attire and the development tools to help women thrive in work and in life, morriscounty.dressforsuccess.org.

For more information on Project Fabricland or summer sewing classes for kids and adults, visit fabricland.com or call 908-755-4700.

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(above l-r) Helen Castillo, Project Runway All-Stars with first prize winners Evana Fahmy 13, Watchung; Kaylee Spiteri 17, Greenbrook; Arianna Minassian 16, Basking Ridge; and Felicity Anderson-Moore 18, Chatham.



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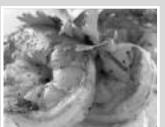


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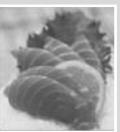
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Kids 3-6\$3.99	Kids 3-6\$5.99
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Kids 3-6\$3.9	9 Kids 3-6	\$5.99
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#### **GARDEN CLUB AT BAYBERRY SCHOOL ARBOR**

#### **FEET FIRST**

by Jyotsna Thapar, DPM

Most of us ignore them, but all of us depend on them. The sad fact is that most people only start to pay attention to their feet when something hurts. Four out of five adults eventually develop foot problems and most of them could have been prevented. Taking care of your feet includes making sure that shoes fit properly, that feet are kept clean and dry and small problems are taken care of before they become big ones. With 26 bones, 20 muscles, and 3 joints in each foot, there is a lot that can go wrong. In the weeks to come, we'll be bringing you information on your feet, how to care for them and possible corrective measures.

The entire staff at ANKLE & FOOT SPECIALIST OF NJ, LLC, is pleased to welcome you to our column. Of considerable significance in caring for feet of any age, or any gender, is choosing the right podiatrist. Bearing in mind how much our feet do for us, the least we can do is to provide them with a comfortable environment, preventive care before problems occur, and professional care when they do. Comprehensive, compassionate foot care is available at:

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For an appointment, please call, 732-356-FOOT (3668).
Please email your questions to DrThapar@Ankle-FootSpecialist.com.
Visit my website at:

Ankle-FootSpecialist.com



(above) On Friday, April 28th, the 4th grade Garden Club at Bayberry School planted a Yoshino Cherry tree in honor of Arbor Day. (left of tree) are Pryasha Sabharwal, Madison Burritica, Perry Weingarten, and (right of tree) are Garden Club advisor, Mrs. Anne DiParto (background), Daniella Ramos, Devon Voris, Kara Liem, Reese Fishelman, Casey Martino, and Garance Lesegretain."

#### **EMERALD ASH BORER WARNIN**



The Emerald Ash Borer is an invasive insect that infests and kills only ash trees. The insect has now been found in New Jersey including Somerset and Middlesex counties and may now be in Union County.

Homeowners should determine if they have an ash tree on their property and decide whether to treat or remove their ash trees. If left untreated, an ash will likely be infected and killed by the Emerald Ash Borer. The dead ash tree will become brittle and dangerous. Please visit our website here to see how you can identify an ash tree. For more information please visit: emeraldashborer.nj.gov, emeraldashborer.info, or forestry.nj.gov.

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#### WATCHUNG LIBRARY BRANCH PROGRAMS

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Program dates and times are subject to change. All programs are free and registration is required unless otherwise indicated. Visit SCLSNJ.org or call the Library for more information and to register. Note: SCLSNJ's library branches will be closed on Sunday, June 18 for Father's Day.

#### **ALL AGES**

**Summer Reading Challenge** 

June 19-August 19

Be a Builder

June 21 & 28 during Library operating hours

> **Bird Feeder Basics** June 29, 2-3 p.m.

**More Fun for Munchkins!** 

June 5, 10:30-11:15 a.m. (ages 2 1/2-3 with caregiver)

**Storytime: Just for You** 

June 9, 16, 10:30-11 a.m. (ages 4-5 with caregiver)

**Learning with Leisa** 

June 14, 4:30-5:15 p.m. (ages 5-7)

**Pajamatime Storytime** 

June 20, 7-7:45 p.m. (ages 2 1/2-3 with caregiver)

**Storytime For Twos** 

June 21, 10:30-11 a.m. (ages 24-36 months with caregiver)

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#### **Eagles of New Jersey**

June 27, 11 a.m. - noon (ages 5-8+)

**Watchung Writers Group** 

June 8, 15, 22 & 29, 10:30 a.m. - 12:30 p.m.

**Mah Jong Club of Watchung** 

June 5, 6, 12, 13, 19, 20, 26, & 27, 1-4 p.m. Contact Melanie Novello at Novello1800@aol.com for more information.

**Retirement Planning Seminar** 

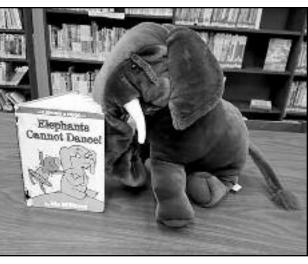
June 7, 2-3 p.m.

**Watchung Book Discussion Group** 

June 8, 7:30-8:45 p.m.

2 for 1 Book Club

June 19, 11:30 a.m. - 12:30 p.m.



(above) A stuffed elephant was caught reading in the children's section in the "Catch 'Em Reading" Scavenger Hunt at Watchung Library.



Vijay Dasika, MD Melissa Miao, PA Robert Dorn, DC Brian Kennedy, DPT Noelle Bleski, LAc Lindsay Maurer, RDN



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#### PATRONS GET CAUGHT READING AT LIBRARY

May was "Get Caught Reading" Month, and the Friends of the Watchung Library made it fun!

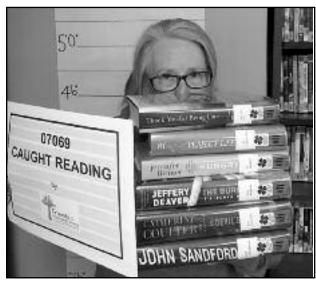
The Friends set up a series of "Catch 'Em Reading" Scavenger Hunts - stuffed toys were placed around the library, each with a favorite book, waiting to be found. Participants had to find all of the reading animals in order to complete a quiz sheet with questions like "Who did you catch reading Hop on Pop?" (Answer: A bunny.) And "Who is boning up on his reading?" (Answer: The puppy.) Prizes were offered for completed quiz sheets. The Friends expected children to enjoy the hunts, but it turned that young and old alike joined in. Librarian Sharon Orlando reported "I had the best time searching for animals and books!!! It was a delightful experience - and I wasn't alone in doing it. Another grown-up was on the prowl, looking to catch animals reading."



(above) Library patron Peggy Ellis got caught reading a novel by Janet Evanovich - one of her favorite authors.

Another activity the Friends set up just for fun was the Reading Rogues Gallery. Patrons of all ages posed for mug shots with the books they had been caught reading. One young man was so determined to wear a serious expression for his photo that he practiced in front of the mirror in the lavatory, only to have his sister tease him and make him laugh! Photos of Watchung readers can be found on the Friends' web site under the tab "Reading Rogues Gallery" (http://www.friendsofwatchunglibrary.org/readin g-rogues-galler.html).

Noting that May 6th was the 16th annual Free Comic Book Day, the Friends decided to participate with a give-away of their own - Free Book Day. A couple dozen library patrons chose their favorites from 79 selected graphic novels, Star Trek books, and fantasy novels. Friends' board member Gayle Bernhaut was enthusiastic about the results, "Not only did we attract people into the library who might not have visited otherwise and might not have even known about our book store, Second Story Books, but, by giving away these books, we are also encouraging literacy."



(above) Library patron Marcia Walsh got caught with a whole stack of books!

#### **HAPPINESS WORKSHOP**

"Happy Brain Science for Everybody," a fun and helpful workshop based on positive psychology and the science of happiness, is coming to the Watchung Library this month. Thanks to the generosity of the Friends of the Watchung Library, the workshop, to be held Thursday evening, June 29th, from 7 to 9 p.m. in the Bicentennial Room of the Watchung Library, is offered free of charge.

Gross National Happiness USA President, and creator of the Happiness Paradigm, Ginny Sassaman says that every one of us can train our brains to be happier and, therefore, more creative, resilient, optimistic, compassionate, and better equipped for appreciating joy. Sassaman promises a treasure trove of tools and strategies proven to help us feel better and thrive as well as to equip us to be kinder and more effective in our families, communities, and the world at large.

It may be brain science, but in this interactive workshop, everyone can learn many different methods to increase their H.Q. (happiness quotient).



(above) Ginny Sassaman, President of Gross National Happiness USA, will present in Watchung Library on June 29th.







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#### **COMMUNITY WELCOME AT SPRING ARTS FEST JUNE 5-7 AT WATCHUNG HILLS HIGH SCHOOL**

The annual Spring Arts Festival, a year-end celebration of the accomplishments in, and dedication to, the arts by students at Watchung Hills Regional High School (WHRHS), will be held Monday, June 5, through Wednesday, June 7, at various exposition and performance spaces at the school.

The community is invited to attend the threeday festival, to witness exhibitions of 2 and 3-dimentional visual art as well as film screenings, theatrical, musical and choral performances involving students of all grades and levels. Admission is free.

#### Monday, June 5

The festival kicks off at 5:30 p.m., with the visual arts opening.

Works in all mediums including drawings, paintings, photographs, ceramic works, sculptures, crafts, graphic design pieces and creations made from wood will be on display in the Atrium at the main entrance of the school and around the arts wing. These works will remain up for the duration of the festival.

Shakespeare in the Park begins at 6:30 p.m. Students will perform in an outdoor space, excerpts and monologues from a collection Shakespeare's greatest works, including "The Taming of the Shrew" and "A Midsummer Night's Dream."

#### Tuesday, June 6

The Spring Choral Concert will be held in the Performing Arts Center from 7 to 9 .m. This is on a different night of the week than it has been held in the past. Students in the Chorus, Advanced Chorus, and Ensembles will be performing works by Green Day, Bruno Mars, Ray Charles, and Billy Joel, as well as songs from Broadway's "Hairspray," the film, "Pitch Perfect," and more.

#### Wednesday, June 7

The South Auditorium will hold multiple short-film screenings starting at 5:30 p.m., and lasting through to 7 p.m.

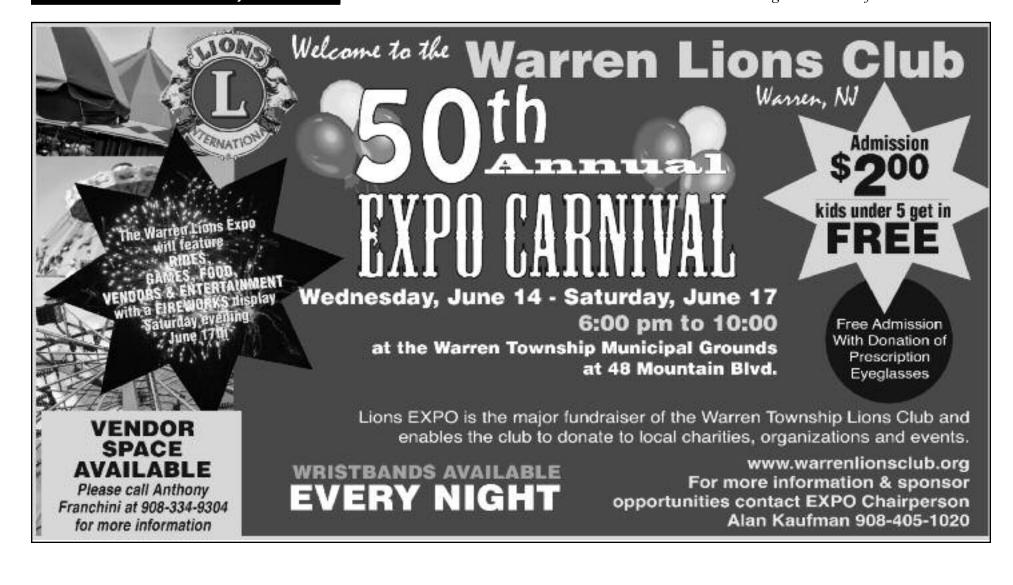
The Spring Orchestra and Concert Band Concert will be held in the Performing Arts Center from 7 to 9 pm. The Orchestra will be playing a variety of music including Vivaldi's "4 Seasons with Spring," and the concert band's set will include "Salute to American Jazz," "Variations on America," and more.



"Untitled," a photo by Senior Martina Cruz of Warren.



"Undertow," an Oil Painting, by Senior Abagail Pedroso of Warren.



#### **KEAN TO HOST SEMINAR ON** THE INTERNET OF THINGS

The rapid expansion of digital technology has practices for securing networked devices. led businesses and consumers alike to question their security. On Thursday, June 8, the Cybersecurity Center at Kean University and the Union County Small Business Development Center will co-host The Internet of Things (IoT), a free seminar exploring the vast array of networked devices that surround us and the associated risks, from 7:30 a.m. to 12:30 p.m. David Weinstein, New Jersey's first Chief Technology Officer, will deliver the keynote address at the event.

"Small businesses use technology to increase productivity and capabilities. Just imagine how loosing control over these necessities can set them back?" said David Margulies, Director, Union County SBDC at Kean University. "We all need to be well versed on how to best mitigate this risk to ensure business continuity."

The Internet of Things refers to the diverse array of networked devices, ranging from cars and kitchen appliances to heart monitors, able to collect and exchange data through embedded sensors. The seminar will explore potential risks the IoT poses to small businesses and best To register visit: bit.ly/IoTSBDC

"While smart devices and systems are making life easier for users, the steady adoption of the Internet of Things and the integration of more smart systems into critical infrastructures are making industries and consumers more vulnerable to attacks-possibly with lifethreatening repercussions," said Walter Rant, Managing Assistant Director, Cybersecurity Center at Kean University.

David Weinstein was appointed New Jersey's first ever Chief Technology Officer by Governor Chris Christie in June of 2016. Weinstein serves in Governor Christie's cabinet, oversees the New Jersey Office of Information Technology (OIT), and is responsible for developing and implementing strategic policies, information security standards, and requirements for all state departments and agencies.

Several expert speakers will provide valuable insights, industry best practices, and even a glimpse of the "DARK WEB" at The Internet of Things seminar.

This is a free event. Breakfast will be served.

#### **NEW JERSEY AMERICAN WATER WARNS AGAINST IMPOSTERS POSING AS UTILITY WORKERS CHECK ID BEFORE LETTING IN UTILITY WORKERS**

New Jersey American Water wants to remind customers that our employees will always have official company identification and will arrive in vehicles with the company's logo prominently displayed. Likewise, New Jersey American Water's authorized contractors are required to wear official identification and travel in marked vehicles.

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New Jersey American Water will usually contact customers before performing work at a home or business.

Information on the proper identification of a New Jersey American Water representative can be found on the company's website at www.newjerseyamwater.com. Customers should call 800-272-1325 to report identification concerns or to verify an appointment.







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#### **3RD ANNUAL WARREN'S GOT TALENT CONTEST OPEN TO WATCHUNG RESIDENTS**

Warren Township Recreation Commission is proud to announce its third annual Warren's Got Talent competition! The competition, which is open to Warren, Green Brook, Watchung, and Long Hill residents ages 7 and up, will be held on July 12, 2017 from 7 to 9 pm at the Municipal Complex Pavilion Area off of Bardy Road.

Last year's competition featured 18 talented vocalists, dancers, musicians, gymnasts, and actors, and we can't wait to see what this year will bring! The competition will be judged by industry professionals, and a large stage and speakers will be provided. The winner will also be presented with a trophy.

To enter this year's competition, please submit a video clip of your audition on DVD or send a YouTube video to:

recreation@warrennj.org or Warren Township Recreation, 46 Mountain Blvd, Warren NJ, 07059. Submissions must be received by June 28th at 3 pm! Call the Recreation Department at 908-753-8000 x 270 for more information.

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#### **SCLSNJ WANTS YOU TO CHALLENGE YOURSELF**

The possibilities are endless this summer at your library. Somerset County Library System of New Jersey is challenging you to shoot for the stars, build a better world, make a difference, and explore culture, music, and art with SCLSNJ's Summer Reading Challenge. SCLSNJ's Summer Reading Challenge, spanning June 19 through August 19, supports lifelong learning for all ages.

"What challenges you is different from what challenges someone else," said Carolann DeMatos, SCLSNJ's director of marketing and public relations. "We want you to embrace that and explore the limitless possibilities at our libraries. If you find that you typically read nonfiction, challenge yourself to read fiction; if you typically only visit the library to check out CDs, challenge yourself to stay for a drumming demo; if you find you spend three hours a day playing video games, challenge yourself to go outside and get active; if you find that you love looking at the night sky, challenge yourself to learn more about our universe."

SCLSNJ's Summer Reading Challenge for 0-18 year olds will track the number of days read between June 19 and August 19. Prizes celebrating participation milestones will be offered along the way. SCLSNJ will offer the opportunity for kids and teens to make a difference by choosing to have SCLSNJ make a donation to Somerset Regional Animal Shelter instead of collecting a prize. SCLSNJ will donate \$0.25 to SRAS (up to \$750) for every reader that chooses to give back.

SCLSNJ's Summer Reading Challenge for adults 18+ years old will track number of books read. The more books read, the better a

participant's chance of winning prizes. You can also earn "Golden Tickets" that can be entered to be selected for a grand prize at the end of the

SCLSNJ's 10 library branches will offer a wide array of special programs for all ages to encourage you to challenge yourself to learn something new and different.

"From Creature Conservation with Adventure Aquarium to making a difference with Cards and Drawings for a Cause; from a presentation by one of the thirteen original United States' NASA Solar System ambassadors to Bollywood Dance, there are literally hundreds of options for you to explore at the library this summer," said Marcela Dunham, SCLSNJ system programming coordinator.

To accept the challenge, visit SCLSNJ.org/SummerReading or your local SCLSNJ library branch.

About Somerset County Library System of New Jersey

Somerset County Library System of New Jersey (SCLSNJ) partners with you to connect, to explore, to share and to discover. Together we enrich lives, expand knowledge and strengthen communities. SCLSNJ branches can be found in Bridgewater, Bound Brook, Hillsborough, Manville, North Plainfield, Peapack & Gladstone, Rocky Hill at Mary Jacobs Memorial Library, Somerville, Warren Township, and Watchung. Additionally, there are two SCLSNJ reading stations in Branchburg and Washington Valley. Visit SCLSNJ.org for further information about library services offered at SCLSNJ.



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#### Bingo

June 8, 15, 22 & 29 - Bingo, 10:30 a.m.

Bingo is more than just an exciting activity. It promotes socialization, strengthens hand-eye coordination, and takes concentration-which improves listening and short term memory skills.

#### "Outscore the Scammers" by Adam Burton, Financial Advisor

June 5 - 10:30 a.m.

This program will highlight how to spot certain red flags that may indicate a fraudulent encounter, resources individuals can turn to in the event they or loved ones are targeted, and steps that attendees can take to help protect themselves. This presentation will help give attendees the information they need to Outsmart the Scammers.

#### **Line Dancing with Nancy**

June 5, 12, 19 & 26 - 1:00 - 3:00 p.m.

You don't need a partner and it's an easy way to stay healthy, both mentally and physically. It is suitable for people with limited mobility and is known to improve cardiovascular and muscular strength and improve coordination and balance as you work through the different movements.

#### "Unused Medication Drop-Off Opportunity"

June 6 - 9:30 - 11:00 am

Officer Nick Fazio, from the Somerset County Sheriff's Department will be stopping by the center to collect any unused or expired medications. YOU MUST BRING THE UNUSED MEDICATION TO THE CENTER BETWEEN 9:30 and 11:00 am. CENTER STAFF CAN NOT ACCEPT ANY DROPPED OFF MEDICATIONS PRIOR TO THIS DAY AND TIME. SYRINGES ARE NOT ACCEPTED.

#### **Bridge Group with Ronnie**

June 6, 13, 20 & 27 - 1:00 - 3:00 p.m.

Playing bridge regularly stimulates your brain and helps keep your memory active and your brain alert. Join Ronnie and her group as they play bridge on a weekly basis. New members and beginners welcome.

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#### **Tone and Flexibility Exercise Class with Sabina**

June 7, 14, 21 & 28 - 10:45 a.m.

Exercising with Sabina will boost your energy level, reduce stress, and help tone your body by using resistance bands, exercise balls and dance moves. Exercises can be done standing up or sitting down.

#### **Ballroom Dancing with Bice**

June 7, 14, 21 & 28 - 1:00 - 3:00 p.m.

Meet new people and make some friends while exercising! Dancing is a great for people of all ages to get and stay in shape. Dance can have an incredible impact on overall flexibility, strength, endurance and emotional well-being. Join Bice, as she plays a variety of Ballroom Dance music.

#### "Family and Relationships" by Adalin Ball

Eldercare Educator, Somerset County Office on Aging & Disability Services June 12 - 10:30 a.m.

Nearly 1 in 10 adults over the age of 65 has a child who is at least age 65. Adalin will discuss such rewards and challenges providing insight.

#### **Warrenbrook Book Club**

#### (New Members Welcome!) Featured Book:

"The Other Wes Moore: One More Name, Two Fates," June 13 - 1:30 - 3:00 p.m.

The Other Wes Moore is a narrative, non-fiction story that chronicles the lives of two young African-American men that share the same name: Wes Moore.

#### **Patio Planter Day**

June 19 - 10:30 a.m.

Somerset County Park Commission Staff will join us for the planting of six large planters that will be placed on the patio outside the center's dining room. This is a hands-on experience.

#### **Those Lazy Hazy Crazy Days of Summer**

June 26 - 10:30 a.m.

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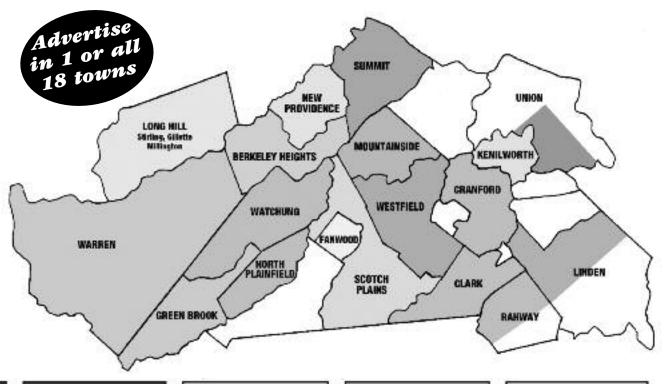


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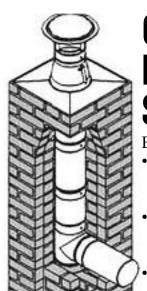
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